

Welcome to our new virtual community noticeboard



Squatters Cottage Sculpture

Have you seen the willow sculpture at Squatters Cottage?

The design, created by Daisy Askins from Vine Willow wood, was informed by community consultation with local residents as part of the Lightmoor Village Celebration event in September.

The acorn and oak leaf are fitting symbols of how the land has regenerated from its industrial past and also how the Squatters Cottage, as a site of environmental engagement and therapy can help support visitors with their own new beginnings and renewal.

This work was commissioned by BVT Lightmoor Village with funding from Telford & Wrekin Council King's Coronation Celebration Fund.



Easter activities

Over 200 children and young people took part in the many Easter activities that took place in the Village over the Easter holidays.

These exciting activities included,

- joining Wolf Blackheart to search for the Dragonkings
- taking part in a magic workshop with the amazing magician Jack Dent.
- gaining new cooking skills and making cookie dough gardens with Katies Kids Kitchen.
- Following the Easter Trail around Woodlands Park, collecting clues and winning Easter treats.

Thank you to Telford & Wrekin Council for including Lightmoor Village in their Urban Games programme including cricket and football on the multi-use games area, and rock painting and marshmallow toasting down at Squatters Cottage with Shropshire Wildlife Trust.

Look out for information in July for the Summer of Fun programme.



Marathon success!

We all want to say well done to Mrs Cowan, Head teacher at Lightmoor Village Primary School, who ran the London Marathon in four hours and 16 minutes dressed as SpongeBob, raising over £2500 for the NSPCC.

Well done, we are all proud of you!

Get Involved!

There are many ways to Get Involved in your community, including our two new groups, the Green Gang and the Events & Activities Crew.

You can also join the Estates & Stewardship Team on the next Welcome Walk to discover more about Lightmoor Village.

BVT Lightmoor Village
Get Involved!

 Date & time: Wednesday 22nd May, 6pm-7.30pm
 Location: Oak Tree Community Centre
 Suitable for: Adults & young people

Green Gang

Do you want to get involved in your Village? Interested in all things green?

Why not join our new Green Gang, learn about the Village with walks and visits to our green and open spaces, and help plan the new community and memorial gardens.



Interested?
Let us know if you would like to attend. Email events@bvt.org.uk

BVT Lightmoor Village
Get Involved!

 Date & time: Wednesday 8th May, 6pm-7.30pm
 Location: Oak Tree Community Centre
 Suitable for: Adults & young people

Events & Activities Crew

Do you want to Get Involved in your Village? Do you have ideas for fun activities for all ages?

Why not join our new Events & Activities Crew!

Share your ideas and get involved in planning and bringing your ideas to life.



Interested?
Let us know if you would like to attend. Email events@bvt.org.uk

BVT Lightmoor Village
Get Involved!

 Date & time: Thursday 6th June 2024, 10am-11.30am
 Location: Start at the Oak Tree Community Centre
 Suitable for: Everyone

Welcome Walk

Are you new to Lightmoor Village? Join the Welcome Walk to discover beautiful Lightmoor Village

Join members of the Estates & Stewardship Team and other residents on a walk around our green and open spaces.



This walk is suitable for most people but will involve hills, please wear sensible shoes. **Interested?** Let us know if you would like to attend. Email events@bvt.org.uk





Oak Tree Community Centre

If you are new to Lightmoor Village or have never visited the centre, you may not be aware of the fantastic facilities available to hire at the Oak Tree Community Centre as well as a wide range of events and activities you can take part in.

From birthday parties in the hall, meetings and training rooms or a space for sports, there is a room for all needs.

You can check out the calendar of what's on and view the availability and facilities on our new booking system.

Visit the BVT Lightmoor Village website
and follow the link at the top of the page
<https://bvtlightmoorvillage.org.uk>

or go straight to,
<https://oak.lemonbooking.com>



What's on at the Oak Tree Community Centre

Day	Time	Activity	Contact /How to book
Monday	6pm-7pm	Rainbows for girls age 5-7	Visit: www.girlguiding.org.uk to register
Monday	6pm-8pm	Temple Martial Arts Kickboxing For children, teens & adults	Tel: 07908 849934 Email: coachran@templemartialarts.co.uk Website: www.temple-martialarts.co.uk
Tuesday	5.30pm- 6.30pm	Cheer Unleashed Mystic Cheerleading class Age 5+	Tel: 07447 405007 Email: cheerunleashed@gmail.com Website: www.cheerunleashed.co.uk
Tuesday	6.30pm- 7.30pm	Cheer Unleashed Enchant Cheerleading Class Age 5+	
Wednesday	5.15pm- 6.45pm	Lightmoor Village Youth Group Juniors year 6-8	Tel Emma: 07710 095798 Email: emma.b@sya.org.uk
Wednesday	7pm- 8.30pm	Lightmoor Village Youth Group Seniors year 9 to age 18	
Thursday	5.30pm- 6.30pm	Kombat Kids Beginners Karate Class	Tel: 07730 899722 Email: enquiries@kombatkids.com Website: www.kombatkids.com
Thursday	6:30pm- 8pm	Kombat Kids Intermediate Karate Class	
Thursday	6.30pm- 8pm	Brownies For girls age 7-10	Visit: www.girlguiding.org.uk to register
Friday	6.30pm- 7.30pm	Cheer Unleashed Enchant Cheerleading Class Age 5+	Tel:07447 405007 Email: cheerunleashed@gmail.com Website: www.cheerunleashed.co.uk
Friday	6pm-7pm 7pm-8pm	FREE Friday Football AFC Telford United Age 6-12 6pm-7pm Age 12-16 7pm-8pm	Multi Use Games Area next to the centre No need to book, just turn up!
Saturday	10am-12pm	Top Hats Stage School Tiny Toppers age 4-5	Tel: 01952 793949 Email: midlands@tophatstageschool.co.uk Website: www.tophatstageschool.co.uk
Saturday	10am-1pm	Top Hats Stage School Top Hatters age 6-17	
Sunday	8:40am- 12pm	Little Kickers Various classes & times from 18months to 5 years	Tel: 07545 236917 Email: westmidlands@littlekickers.co.uk Website: www.littlekickers.co.uk

Lightmoor Village Youth Club

LIGHTMOOR VILLAGE JUNIOR YOUTH CLUB
WEDNESDAYS 5:15PM - 6:45PM

PROGRAMME
APRIL - MAY 2024

School Yr 6 - Yr 8

10th April - World Art Day (15th) - Canvas Painting, Chocolate Nest Cakes, Chocolate Quiz & Badminton

17th April - Fusion Bead Design, Colourful Air Drying Clay Models, Exercise Challenges for National Exercise Day, Toast and Juice

24th April - Healthy Eating Awareness and Food Activity, Encaustic Art and Tenis

1st May - Jewellery Making, Archery, Crumpets - Sweet or Savoury?

8th May - Lasagne Pasta Pots - Youth Club Challenge Night, Face Painting
Young Leader Activity - Blind Football on the MUGA

15th May - Connect 4 Shots and Board Games, Pyrography & Small Group Dodge Ball

22nd May - Stress Ball Making, Waffle Cone S'mores & Dizzy Goals

29th May - Sports on the MUGA and Field - Snacks and Drinks

FREE TO ATTEND!

ACTIVITIES ALSO INCLUDE:
POOL, TABLE TENNIS & PS4!



For more info please contact Emma Brown:
07710 095798 emma.b@sya.org.uk
Facebook: @LightmoorVillageYouthProject

LIGHTMOOR VILLAGE SENIOR YOUTH DROP-IN
WEDNESDAYS 7PM - 8:30PM

DROP-IN DATES
APRIL - MAY 2024

Yr 9 up to 18th Birthday

10th April - World Art Day (15th) - Mini Canvas Painting, Homemade BBQ KFC Wraps, Chocolate Quiz & Sport of Your Choice

17th April - Alcohol Awareness Month - Beer Doggle Challenges & Mocktail Making with Riddles, Circuit Challenges for National Exercise Day

24th April - Rights & Responsibilities, English Muffin Day (23rd) - Bacon/Sausage & Egg McMuffins, Pop Quiz & Darts

1st May - Jewellery Making, Archery, Darts, Crumpets - Sweet or Savoury?

8th May - Youth Club Challenge Night, Darts, Tasty Jacket Potatoes

15th May - National Hamburger Month - Build your own Burger, Pyrography, Choose a Sport

22nd May - Reef Wars, Waffle Cone S'mores, Prize Bingo

29th May - Sports on the MUGA and Field - Snacks and Drinks

FREE TO ATTEND!

THERE WILL ALSO BE A CHOICE OF SPORTS/GAMES CRAFT!
AN OPPORTUNITY TO CHAT TO YOUTH WORKERS, POOL, TABLE TENNIS & PS4!



For more info please contact Emma Brown:
07710 095798 emma.b@sya.org.uk
Facebook: @LightmoorVillageYouthProject

The Lightmoor Village Youth Clubs take place through a partnership with BVT and Shropshire Youth Association.

As well as the youth clubs that take place on a Wednesday evening, there is a youth forum and regular outreach work taking place in the Village.

We are always looking for volunteers, if you are interested please get in touch by email: emma.b@sya.org.uk



Recently the groups visited Cadbury World and Selly Manor in Bournville, bringing our BVT communities together!



Lightmoor Village Youth Festival

The festival is taking place on Friday 31st May at the Oak Tree Community Centre.

Look out for more information coming soon!

Friday night football

In partnership with BVT, AFC Telford United foundation, Cllr Raj Mehta and Cllr Ian Preece, Friday night football will continue to take place weekly through March–October.

Qualified coaches from AFC Telford United are at the Multi-Use Games Area in Woodlands Park to help young people learn new and improve their skills.

Under 12 6pm–7pm, 12–16 7pm–8pm. No need to book, just turn up!



#RISEAGAIN
Telford & Wrekin
Cooperative Council
Protect, care and invest
to create a better borough

No booking needed, just turn up!

AFC TELFORD UNITED KICKS

FOOTBALL

LOCATION	DAY	TIME	AGE GROUPS
Madeley 3G	Monday	4:30pm – 5:30pm	12+
Stirchley 3G	Thursday	5:00–6:00pm 6:00–7:00pm	Under 12s
Oakengates 3G	Thursday	5:00–6:00pm	12+
Dawley 3G	Friday	5:00–6:00pm	12+
AFC Telford United Goal Zone	Friday	5:00–6:00pm	12+
Lightmoor & Horsehay MUGA	Friday	6:00–7:00pm & 7:00–8:00pm	6–7pm U12 7–8pm 12 to 16
Lawley Primary Academy	Friday	6:30pm – 7:30pm	12+

AFC TELFORD UNITED
FOUNDATION

SAFER & STRONGER
COMMUNITIES

Community Speed Watch

Are you concerned about speeding vehicles in the community? You are welcome to join the local Horsehay and Lightmoor Speed Watch group.

Let us know if you would like to volunteer.

Email: events@bvt.org.uk



Lightmoor Village businesses

Bournville Bistro

The bistro is located inside Bournville House and is open Monday to Friday from 8.30am-1.45pm.



Breakfast Menu

Hot Drinks

Standard Tea or Coffee	£1.00
All Bean to Cup Machine Drinks	£2.20
Hot Chocolate	£2.20

Cold Drinks

Cans of Pop	£1.00/£1.20
Bottle of Water	£1.00
Fruit Juice	£1.00

Meals can be eaten in or taken away. Pre-order by calling 0121-667-1023 or message the Facebook page.



Breakfast Menu

Mon-Fri 8.30am-12 noon)

Small Bistro Breakfast £5.50

1 sausage, 1 bacon, Fried Egg, Tomato, Mushrooms, Baked Beans & Toast with standard cup of tea or coffee

Big Bistro Breakfast £7.00

2 sausage, 2 bacon, 2 Fried Egg, Tomato, Mushrooms, Baked Beans & 2 Toast with standard cup of tea or coffee

Vegan Bistro Breakfast (ve) (10 minute wait) £4.50

2 Vegan sausage, Mushrooms, Tomato, Baked Beans & Toast (add an egg for vegetarian option) £5.30 with standard cup of tea or coffee



Breakfast Menu

Mon-Fri 8.30am-12 noon)

Fried Egg Sandwich	£3.00
Beans on Toast	£2.50
Bacon or Sausage Sandwich	£3.00
Tomatoes on Toast	£2.50
Vegan Sausage Sandwich (ve)	£3.00
Fried Egg on Toast	£3.00
Toast & Preserves	£1.90
Cheese on Toast	£3.00
Scrambled Egg on Toast	£3.00
Cereals	£1.50
Toast/Bread & Butter (per slice)	£0.50
2 Crumpets & Butter	£1.50

Optional Extras (each)

Sausage/Bacon/Egg	£0.80
Mushroom/Tomato/Beans	£0.50

Lightmoor Village businesses

Bournville Bistro


As well as the daily lunch menu there is always a daily special that changes each week.

Roast dinner Wednesdays are very popular as well as Shelley's fresh omelettes!

You can eat in or take away and preorders are welcome.

Please call 0121 667 1023 or visit the Bournville Bistro Facebook page.





Lunch Menu

Mon-Fri 12 noon - 1.45pm

Cold Sandwiches

Ham	£3.50	Egg Mayo	£3.00
BLT	£4.00	Cheese	£3.00
Ham & Cheese	£4.00	Tuna Mayo	£4.00

(upgrade to baguette + 80p)

Panini's (served with salad)

Ham	£4.50	Cheese & Tomato	£4.45
Cheese	£4.00	Bacon & Cheese	£4.90
Ham & Cheese	£4.90	Tuna Melt	£5.40

Jacket Potatoes

Cheese/Beans	£4.25	Cheese & Beans	£4.75
Coleslaw	£4.50	Tuna Mayo	£4.75

Omelettes

Plain Omelette	£3.50	Cheese Omelette	£4.00
Cheese & Mushroom	£4.50	Cheese & Onion	£4.25

Add Ham for an extra £1.00



Lunch Menu

Mon-Fri 12 noon - 1.45pm

Other Items

Double Egg & Chips £3.50
 Double Ham, Egg & Chips £5.50 Portion of Chips £1.50
 Crisps £0.80

Puddings £3.50 each

Apple Crumble
 Apple Pie
 Jam Sponge
 Syrup Sponge
 Spotted Dick
 Sticky Toffee Pudding
 Salted Caramel Sticky Toffee Pudding

Served with Custard or Ice Cream

Ice Cream per scoop £0.75
 Flake £0.25

Meals can be eaten in or taken away. Pre-order by calling 0121-667-1023 or message the Facebook page.



Weekly Menu

w/c 29 April

Monday Steak pie, mash, peas, gravy

Tuesday Cottage pie, house salad, crusty bread and butter

Wednesday Roast chicken dinner, roast potatoes, stuffing, mixed veg Yorkshire pudding, gravy

Thursday Chilli con carni, rice, sour cream, garlic bread

Friday Battered fish, scampi or fish cakes, chips, mushy peas or House salad, crusty bread and butter

Lightmoor Village businesses

Londis

Our local store has some great offers available and sells a wide range of products.

They are open every day from 6am-10pm.

Visit the Londis Lightmoor Facebook page to see their latest offers.



ABC Nursery

ABC nursery is based right in the heart of Lightmoor village and has been rated Outstanding by Ofsted since it opened in 2012. ABC Lightmoor offers a warm, friendly and caring atmosphere for the children.

Call 01952 502572

Hortons Hair Salon

Situated in Lightmoor Village inside Bournville House Hortons Hair Salon is open to the Village.

Call Deb on 07530 674506 to book your appointment or find her on Facebook



Stephs Nail Shack

Stephs nail salon is in the heart of Lightmoor Village.

A personal, warm and comfortable salon in Bournville House, available to all.

Call 07548 928957 to book an appointment or find her on Facebook

Join the Climate Action Hubs Free Sustainable Sundays events, every month, from 11-3pm at Belmont Hall in Wellington.

Everyone is very welcome

**Find out more on their
Facebook page
Climate Action Hub**

**Join Climate Action Hub Telford's
FREE Sustainable Sunday event
Sunday 19th May 11am-3pm
Belmont Hall, Wellington, TF1 1LU**

- Sustainable Fashion on show: ideas, info & clothes mending workshop
- Bring clothes to swap for free or take for a pay as you can donation
- Terracycle recycling
- Eco library
- Refreshments

SUPPORT
SUSTAINABLE
FASHION



See our website for details
www.climateactionhub.org.uk



Sustainable Sundays 2024

- Jan 14th: Film 'Once You Know' (PG) plus Climate Cafe, Gift Swap, Eco Library and networking
- Feb 11th: Energy Efficiency Advice for your home
- Mar 24th: Zero Carbon Craft Activities
- Apr 21st: Get Growing! Wildlife friendly gardening advice and help to grow your own veg
- May 19th: Sustainable Fashion Show & Clothes Swap
- Jun 2nd: Eco Art Workshop for adults and children
- July 14th: Zero waste cooking workshop
- Aug 11th: Eco Kids activities & school uniform swap
- Sept 22nd: Harvest focused activities using your home grown veg
- Oct 20th: Plastic free Halloween crafts
- Nov 17th: Film session (tbc)
- Dec 1st: Sustainable Christmas ideas

Time: All sessions run from 11-3pm and are **FREE!**

Venue: Belmont Hall, Wellington, TF1 1LU

Refreshments: Hot drinks and vegan eats available.

Swap and Giveaway: browse our selection of second hand clothes, books and household items. Swap for free or take for a pay-as-you-can donation.

Eco library of books to borrow.

Terracycle facilities for hard-to-recycle items.

More details: <https://climateactionhub.org.uk>



Follow us on

Join Transition Telford's Grow Local event & fundraiser

**Saturday 25th May 10am-1pm
Park Lane Centre, Woodside, Telford, TF7 5QZ**



**Transition Telford: Grow Local Plant Sale
fruit, veg and flower seeds & plants**



**Telford Repair Cafe: fix ornaments,
clothing, soft toys, home furnishings,
household & electrical items including PAT
testing [No petrol powered items]. **Bring
repairs before 12pm for collection by 2pm****



**Climate Action Hub Telford: Garden Scrap
Store (pots, tools, books) & plant giveaway**



**Terracycle Telford pop-up collection point.
See Facebook for details**

Follow us

Community Support

The Oak Tree Community Centre is a donation and collection point for Telford Crisis Support.

You can bring any of the donations on the wish list to the centre and we will pass them on.

If you or someone you know is in crisis and requires support with food, baby and toddler essentials or school wear please contact Telford Crisis Support

Tel: 01952 586 646

email: admin@telfordcrisissupport.org.uk

or look on the website

telfordcrisissupport.org.uk



**In emergencies or out of hours contact
Telford Interfaith Council on
hello@interfaithtelford.org**

TELFORD CRISIS SUPPORT

Shopping list

We are always grateful to receive the following

- Tinned meats - steak, mince, pork, chicken, corned beef etc
- Tinned meals - stew, meatballs, curry, chilli etc.
- Tinned veg - potatoes, peas, carrots etc.
- Long-life Milk - semi-skimmed & whole
- Pasta sauces & pasta bakes
- Rice pudding & tinned fruit
- Tinned tuna & salmon
- Pasta & noodle pots
- Chocolate
- Biscuits
- Coffee
- Sugar

We also welcome any dietary-specific foods, vegetarian, gluten-free, free-from etc.

Shampoo
Toothpaste
Deodorant
Toothbrushes
Shaving Foam
Disposable razors
Shower Gel & Soap
Feminine Care Products



Telford & Wrekin Council offer free cost of living advice and support.

This includes;

- Benefit payments and finances
- Mental health and wellbeing
- Bills and affordable warmth
- Food, toiletries and clothing
- Support for businesses

**For more information take a look at their website
https://www.telford.gov.uk/info/21826/cost_of_living**

Citizens Advice Telford & Wrekin offer free cost of living, information signposting and advice in communities across Telford.

An advisor visits the Oak Tree Community Centre on the 1st Tuesday of each month from 9.30am-12.30pm.

**To book an appointment please call 01952 567193 or
visit the website to fill in an initial enquiry form.
citizensadvice.telfordandthewrekin.org.uk**



Community Support



MAKE YOURSELF A PRIORITY

GREAT DAWLEY TOWN COUNCIL PRESENTS

SKILL UP COFFEE MORNING

JOIN US FOR A CHAT AND THE OPPORTUNITY TO LEARN NEW SKILLS, ACCESS FREE COURSES OR JUST GROW YOUR CONFIDENCE

EVERY 1ST WEDNESDAY OF THE MONTH AT DAWLEY TOWN HALL 12.45 PM - 2.45 PM & 3RD WEDNESDAY OF THE MONTH AT OLD PARK PRIMARY COMMUNITY ROOM 9AM - 11AM

Facebook: [facebook.com/GreatDawleyTownCouncil](https://www.facebook.com/GreatDawleyTownCouncil)
Instagram: [instagram.com/greatdawleytc](https://www.instagram.com/greatdawleytc)
Twitter: twitter.com/GreatDawley
Phone: 01902 567 916

Skill up coffee morning

Whether you're eager to explore free local courses, dive into volunteering opportunities, learn new skills, or simply boost your confidence – this is the place to be!

**The 1st Wednesday of the month at Dawley Town Hall
12.45–2.45pm**

Parent and Carer Support

PAEDIATRIC FEEDING DISORDER OR ARFID



A guide to understanding complex feeding challenges in Autistic Children.

What you will learn:

- Why learning to eat is so complex and why it is so hard for some children
- The difference between PFD and ARFID
- Some strategies to help your child with eating at home
- Some strategies to help manage some of the common mealtime challenges

Professionals ← QR Code

Parent/ Carers → QR Code

Tuesday 21st May
11.30 - 12.30 Parents/ Carers
1pm - 2pm Professionals

Venue: Challenging Perceptions, Park Lane Centre, Park Lane, Woodside, TF75QZ

CHALLENGING PERCEPTIONS



CHALLENGING PERCEPTIONS CHILDREN'S AUTISM COOKING GROUP

8 week cooking group for children aged 6-11 with Autism. Limited spaces.

Parent / carer is required to attend and will be responsible for their child.

Due to the nature of the group only the parent / carer and child can attend, no siblings.

Wednesday's 4pm - 5.30 pm
Park Lane Centre, Woodside, TF7 5QZ
Limited spaces

£2.00 per child per week



Telford & Wrekin COUNCIL



Community Support

Telford Autism Hub



Autism Champion Training

Autism Champion training is an advisory course providing:

- An overview of autism.
- Detail on the challenges experienced by autistic children, adults and their families
- Guidance on how you can effectively support autistic people in your place of work

Grounded in practical experience, the course provides a good base knowledge for those looking to improve their overall knowledge in autism and topics related to the autistic experience in various environments.

Provided by **autism** west midlands

When & Where?
15th May 2024
10.00am - 12.30pm

Telford & Wrekin CVS
Suite 12 & 15 Hazledine House
Central Square, Telford Centre
TF3 4JL

To book your place contact
childrensautism@tandwcvcs.org.uk
(01952) 262062

Very informative. Great to share thoughts and ideas.

It was an excellent session and definitely increased my awareness.

Practical tips to think about in the workplace.



Our Hub supports families who live in Telford and Wrekin who have children 0 - 18 years with a formal diagnosis of Autism.

Our Hub offers

- Information & Advice
- Training Workshops
- Parent & Young People
- Peer Support Groups
- DUGOUT/Youth Group for 11-18's
- Family Fun Primary Sessions
- 1-2-1 Advice Sessions with an Autism Specialist
- Autism Champion Training
- Signposting to wider services

The Wrekin Housing Group

30th April 11am - 1pm
28th May 11am - 1pm
28th June 11am - 1pm

at
Wrekin Housing Group
Stitchley Shop
Stitchley District Centre
Telford
TF3 1ET

Contact: 01952 262062
childrensautism@tandwcvcs.org.uk

Telford & Wrekin CVS manage two autism hubs, one for adults and one for children.

Adults

Telford Adult's Autism Hubs main aim is to enable individuals to better understand their autistic identity.

This can be an individual seeking an assessment or general support. It can also be other agencies and businesses wanting to be better placed to meet the needs of Telford's neurodiverse community.

Children

Our Children's Autism Hub is available to children and young people aged 0-18, and their families, who have a formal diagnosis of Autism.

For individuals that have other needs, for example, a learning disability, the Autism Hub will provide support in respect of their Autism.

For more information please email;
admin@telfordautismhub.org.uk
call 01952 916109
or visit the website
www.telfordautismhub.org.uk



TELFORD CHILDREN'S AUTISM HUB

Coffee & Chat

Need someone to talk to who just gets it? Want to be part of a group where you can share ideas and benefit from each others lived experiences? Then come along to our Coffee & Chat peer support group.

Every Monday 11:15am to 12:15pm (term time only)

If you would like to attend email our team on
childrensautism@tandwcvcs.org.uk

I feel less isolated and more supported

Make new friends

First support

It's a relief to be able to share and listen to others who really understand.

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one app of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about

SNAPCHAT

AGE RESTRICTION
13+

Snapchat is a photo- and video-sharing app which also allows users to chat with friends via text or audio. Users can share images and videos with specific friends, or through a 'story' (documenting the previous 24 hours) visible to their entire friend list. Snapchat usage rose during the pandemic, with many young people utilising it to connect with their peers. The app continues to develop features to engage an even larger audience and emulate current trends, rivalling platforms such as TikTok and Instagram.

CONNECTING WITH STRANGERS

Even if your child only connects on the app with people they know, they may still receive friend requests from strangers. Snapchat's links with apps such as Wink and Hoop have increased this possibility. Accepting a request means that children are then disclosing personal information through the Story, SnapMap and Spotlight features. This could allow predators to gain their trust for sinister purposes.

EXCESSIVE USE

There are many features that are attractive to users and keep them excited about the app. Snap streaks encourage users to send snaps daily, Spotlight Challenges give users to the chance to obtain money and online fame, and the Spotlight feature's scroll of videos makes it easy for children to spend hours watching content.

INAPPROPRIATE CONTENT

Some videos and posts on Snapchat are not suitable for children. The hashtags used to group content are determined by the poster, so an innocent search term could still yield age-inappropriate results. The app's Discover function lets users swipe through snippets of news stories and trending articles that often include adult content. There is currently no way to turn off this feature.

SEXTING

Sexting continues to be a risk associated with Snapchat. The app's 'disappearing messages' feature makes it easy for young people (teens in particular) to share explicit images on impulse. While these pictures do disappear - and the sender is notified if it has been screenshot first - users have found alternative methods to save images, such as taking pictures with a separate device.

DAMAGE TO CONFIDENCE

Snapchat's filters and lenses are a popular way for users to enhance their 'selfie game'. Although many are designed to entertain or amuse, the 'beauty' filters on photos can set unrealistic body image expectations and create feelings of inadequacy. Comparing themselves unfavourably against other Snapchat users could threaten a child's confidence or sense of self-worth.

VISIBLE LOCATION

My Places lets users check in and search for popular spots nearby - such as restaurants, parks or shopping centres - and recommend them to their friends. The potential issue with a young person consistently checking into locations on Snapchat is that it allows other users in their friends list (even people they have only ever met online) to see where they currently are and where they regularly go.



Advice for Parents & Carers

TURN OFF QUICK ADD

The Quick Add function helps people find each other on the app. This function works based on mutual friends or whether someone's number is in your child's contacts list. Explain to your child that this feature could potentially make their profile visible to strangers. We recommend that your child turns off Quick Add, which can be done in the settings (accessed via the cog icon).

CHAT ABOUT CONTENT

Talk to your child about what is and isn't wise to share on Snapchat (e.g. don't post explicit images or videos, or display identifiable details like their school uniform). Remind them that once something is online, the creator loses control over where it might end up - and who with. Additionally, Snapchat's 'Spotlight' feature has a #challenge like TikTok's: it's vital that your child understands the potentially harmful consequences of taking part in these challenges.

CHOOSE GOOD CONNECTIONS

Snapchat has recently announced that it is rolling out a new safety feature: users will receive notifications reminding them of the importance of maintaining connections with people they actually know well, as opposed to strangers. This 'Friend Check Up' encourages users to delete connections with users they rarely communicate with, to maintain their online safety and privacy.

KEEP ACCOUNTS PRIVATE

Profiles are private by default, but children may make them public to gain more followers. Your child can send Snaps directly to friends, but Stories are visible to everyone they have added, unless they change the settings. If they use SnapMaps, their location is visible unless 'Ghost Mode' is enabled (again via settings). It's prudent to emphasize the importance of not adding people they don't know in real life. This is particularly important with the addition of My Places, which allows other Snapchatters to see the places your child regularly visits and checks in: strangers, bullies and groomers could use this information to engage in conversation and arrange to meet in person.

TALK ABOUT SEXTING

It may feel like an awkward conversation (and one that young people can be reluctant to have) but it is important to talk openly and non-judgementally about sexting. Discuss the legal implications of sending, receiving or sharing explicit images, as well as the possible emotional impact. Emphasise that your child should never feel pressured into sexting - and that if they receive unwanted explicit images, they should tell a trusted adult straight away.

BE READY TO BLOCK AND REPORT

If a stranger does connect with your child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending explicit images to them, your child can select the three dots on that person's profile and choose report or block. There are options to state why they are reporting that user (annoying or malicious messages, spam, or masquerading as someone else, for example).

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



NOS National Online Safety
#WakeUpWednesday

Source: <https://www.nos.org.uk/resources/parents-carers/parents-carers-need-to-know-about-snapchat>. © 2022 National Online Safety. All rights reserved. For more information, visit www.nationalonlinesafety.com. #WakeUpWednesday

Support for people 50+

Forum 50+ is a small charity supporting people over 50 in the Telford & Wrekin area, helping them to maintain wellbeing and independence through increased access to information, support, activities and opportunities to build new connections and engage in social activity within their communities.



Our Aims:

- Tackle loneliness, and isolation, helping people to build connections and resilience and to feel better supported.
- Provide information to local people about services, support, advice, activities, volunteering, current issues and consultation opportunities.
- Help people to participate in regular activities increasing social interaction, well-being and confidence.
- Promote the needs and concerns of older people so that they may be heard and accounted for in the planning of services and facilities, and address inequality.
- Provide opportunities for people to learn and gain confidence in the use of technology.
- Offer opportunities for volunteering.

What we offer:

- Befriending services including our Telephone Chat Scheme and face to face befriending.
- Regular social groups.
- Weekly exercise classes.
- Computer support and tuition.
- A range of volunteering roles and opportunities to get involved.
- Free membership and regular newsletters.
- Helping you to have a say.
- Campaigning through our action groups.

**For more information, please call 07932 828333 or 07552 975676
Alternatively visit our website www.forum50plus.org.uk**

Are you over 50 and would like to learn new digital skills?

An exciting new course is coming to Lightmoor Village to help you use your smartphone, tablet or laptop and learn many new digital skills.

If you or someone you know are interested in finding out more, pop into the Oak Tree Community Centre, call 01952 898524 or email events@bvt.org.uk

Capgemini



Action for Happiness

The mission of Action for Happiness is to help people create a happier world, with a culture that prioritises happiness and kindness.

You can sign up to their monthly calendars that have a different theme each month. www.actionforhappiness.org

Meaningful May 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. Look for people doing good and reasons to be cheerful	2. Focus on what you can do rather than what you can't do	3. Do something kind for someone you really care about	4. Take a step towards an important goal, however small	5. Send your friend a photo from a time you enjoyed together	6. Let someone know how much they mean to you and why	7. Listen to a favourite piece of music and remember what it means to you
8. Find out about the values or traditions of another culture	9. Get outside and notice the beauty in nature	10. Do something to contribute to your local community	11. Show your gratitude to people who are helping to make things better	12. Find a way to make what you do today meaningful	13. Send a hand-written note to someone you care about	14. Reflect on what makes you feel valued and purposeful
15. Share photos of 3 things you find meaningful or memorable	16. Look up at the sky. Remember we are all part of something bigger	17. Find a way to help a project or charity you care about	18. Recall three things you've done that you are proud of	19. Make choices that have a positive impact for others today	20. Ask someone else what matters most to them and why	21. Remember an event in your life that was really meaningful
22. Focus on how your actions make a difference for others	23. Do something special and revisit it in your memory tonight	24. Today do something to care for the natural world	25. Share a quote you find inspiring to give others a boost	26. Find three reasons to be hopeful about the future		

ACTION FOR HAPPINESS Happier · Kinder · Together



Armed Forces Network

The Armed Forces network meet on the 2nd Thursday of the month at The Grazing Cow in Lawley.

Lightmoor Village residents are very welcome to join.

Please email;
LawleyStewardship@bvt.org.uk
if you would like to know more.

Your Parish Councils and Councillors

Lightmoor Village is represented by two Parish Councils, with Woodlands Lane being the boundary.

The west side of the Village is The Gorge Parish Council and east side is Dawley Hamlets Parish Council.

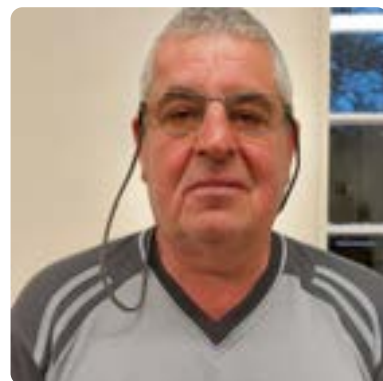
The Gorge Parish Council

If you wish to contact the parish council, you can do so by contacting the clerk by telephone or email.

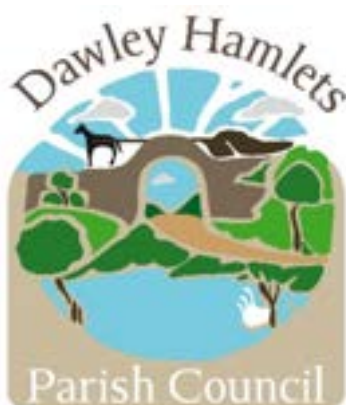
Tel: 01952 883192

Email: clerk@thegorgeparishcouncil.gov.uk

Cllr Alan Taylor is the Councillor for the Lightmoor Ward and is also The Parish Council Chair. He attends the Lightmoor Village Delivery Group and Lightmoor Village Estate Management Committee to bring The Gorge and Lightmoor Village together.



There is a vacancy for the Lightmoor Ward, Lightmoor Village residents are invited to join the parish as a local councillor, please contact them for more information.



If you wish to contact the parish council, you can do so by contacting the clerk by telephone or email.

Tel: 07941 212311

Email: clerk@dawley-hamlets.org

Cllr Zona Harrington, Cllr Raj Mehta and Cllr Ian Preece are Parish Councillors for the Horsehay Ward that Lightmoor Village is part of.

Cllr Kate Barnes attends the Lightmoor Village Delivery Group and Cllr Mehta attends the Lightmoor Village Estate Management Committee.



Cllr Zona Harrington



Cllr Raj Mehta



Cllr Ian Preece



Cllr Kate Barnes

Telford & Wrekin Council Borough Councillors



Telford & Wrekin
Co-operative Council

Protect, care and invest
to create a better borough

The Borough of Telford & Wrekin Council is divided into 32 wards and 54 Councillors or Members. Some wards have a single Councillor, others have two or three. Councillors are elected to represent all the residents in their ward.

Local Councillors are elected by the community to decide how the council should carry out its various activities. They represent public interest as well as individuals living within the ward in which he or she has been elected to serve a term of office.

They have regular contact with the general public through council meetings, telephone calls or surgeries.

Lightmoor Village is part of the Horsehay and Lightmoor Ward. Our Borough Councillors are:



Cllr Raj Mehta



Cllr Ian Preece

Cllr Raj Mehta
rajash.mehta@telford.gov.uk

Cllr Ian Preece
ian.preece@telford.gov.uk

If you have something you'd like to share with the Lightmoor Village community in June, please let us know.

You can pop into the Oak Tree Community Centre or email us at:

events@bvt.org.uk

