BVT Lightmoor Village Virtual Community Noticeboard

June 2024

Welcome to our virtual community noticeboard

Are you over 50 and would like to learn new digital skills?

An exciting new FREE course is coming to Lightmoor Village to help you use your smartphone, tablet or laptop.

The course takes place on Thursday, 27th June, 4th and 11th July from 11am-4pm. To find out more, pop into the Oak Tree Community Centre, call 01952 898524 or email events@bvt.org.uk

Lightmoor Village Youth Festival

A huge congratulations to all the young people who were involved in the first Lightmoor Village Youth Festival on Friday 31st May. The members of the Speak Up, Speak Out youth forum who organised the event did an amazing opening speech to everyone who attended and had a fabulous time.

Thank you to all the activity makers, Londis and to Callum Doignie who not only provided great music but gave inspiring talks about following your dreams.













Lightmoor Village

Primary School

and Oak Tree

Centre







Welcome Walk

Join the Estates & Stewardship Team on the next Welcome Walk to discover more about Lightmoor Village.

Thursday 6th June at 5.30pm, meeting at the Oak Tree Community Centre.



Coronation Walk

There are 23 new circular walks that have been waymarked throughout the Borough of Telford & Wrekin as part of the Telford T50 Coronation Walks, one of them is around the fields and lanes of Lightmoor Village.

From the shops we disappear into the surrounding countryside with views across to Woodside for a lovely walk of 2.5 miles. There are some lovely remote wooded areas with hidden houses and the Squatters Cottage.

Sunday 9th June from 10.30am-11.30am, meeting at the Oak Tree Community Centre.



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Oak Tree Community Centre

If you are new to Lightmoor Village or have never visited the centre, you may not be aware of the fantastic facilities available to hire at the Oak Tree Community Centre as well as a wide range of events and activities you can take part in.

From birthday parties in the hall, meetings and training rooms or a space for sports, there is a room for all needs.

You can check out the calendar of what's on and view the availability and facilities on our new booking system.

> Visit the BVT Lightmoor Village website and follow the link at the top of the page https://bvtlightmoorvillage.org.uk

> > or go straight to, https://oak.lemonbooking.com



www.bvtlightmoorvillage.org.uk



What's on at the Oak Tree Community Centre

Day	Time	Activity	Contact /How to book	
Monday	6pm-7pm	Rainbows for girls age 5-7	Visit: www.girlguiding.org.uk to register	
Monday	6pm-8pm	Temple Martial Arts Kickboxing For children, teens & adults	Tel: 07908 849934 Email: coachran@templemartialarts.co.uk Website: www.temple-martialarts.co.uk	
Tuesday	5.30pm- 6.30pm	Cheer Unleashed Mystic Cheerleading class Age 5+	Tel: 07447 405007 Emgil: cheeruplegshed@gmgil.com	
Tuesday	6.30pm- 7.30pm	Cheer Unleashed Enchant Cheerleading Class Age 5+	Email: cheerunleashed@gmail.com Website: www.cheerunleashed.co.uk	
Wednesday	5.15pm- 6.45pm	Lightmoor Village Youth Group Juniors year 6-8	Tel Emma: 07710 095798 Email: emma.b@sya.org.uk	
Wednesday	7pm- 8.30pm	Lightmoor Village Youth Group Seniors year 9 to age 18	Email. emma.b@syd.org.uk	
Thursday	5.30pm- 6.30pm	Kombat Kids Beginners Karate Class	Tel: 07730 899722 Email:	
Thursday	6:30pm- 8pm	Kombat Kids Intermediate Karate Class	enquiries@kombatkids.com Website: www.kombatkids.com	
Thursday	6.30pm- 8pm	Brownies For girls age 7-10	Visit: www.girlguiding.org.uk to register	
Friday	6.30pm- 7.30pm	Cheer Unleashed Enchant Cheerleading Class Age 5+	Tel:07447 405007 Email: cheerunleashed@gmail.com Website: www.cheerunleashed.co.uk	
Friday	6pm-7pm 7pm-8pm	FREE Friday Football AFC Telford United Age 6-12 6pm-7pm Age 12-16 7pm-8pm	Multi Use Games Area next to the centre No need to book, just turn up!	
Saturday	10am-12pm	Top Hats Stage School Tiny Toppers age 4-5	Tel: 01952 793949 Email: midlands@tophatstageschool.co.uk	
Saturday	10am-1pm	Top Hats Stage School Top Hatters age 6-17	Website: www.tophatstageschool.co.uk	
Sunday	8:40am- 12pm	Little Kickers Various classes & times from 18months to 5 years	Tel: 07545 236917 Email: westmidlands@littlekickers.co.uk Website: www.littlekickers.co.uk	
www.bvtlightmoorvillage.org.uk 🕓 0330 333 6540 💥 @BVT_Lightmoor 伊/BVTLightmoorVillage				

Lightmoor Village Youth Project



www.bvtlightmoorvillage.org.uk

The Lightmoor Village Youth Clubs take place through a partnership with BVT and Shropshire Youth Assocation.

As well as the youth clubs that take place on a Wednesday evening, there is a youth forum, Speak Up, Speak Out' and regular outreach work taking place in the Village.

We are always looking for volunteers, if you are interested please get in touch by email: emma.b@sya.org.uk



Friday night football

In partnership with BVT, AFC Telford United foundation, Cllr Raj Mehta and Cllr Ian Preece, Friday night football will continue to take place weekly through March-October.

Qualified coaches from AFC Telford United are at the Multi-Use Games Area in Woodlands Park to help young people learn new and improve their skills.



Under 12 6pm-7pm, 12-16 7pm-8pm. No need to book, just turn up!

Community Speed Watch

Are you concerned about speeding vehicles in the community? You are welcome to join the local Horsehay and Lightmoor Speed Watch group.

Let us know if you would like to volunteer.

Email: events@bvt.org.uk



Did you know the Oak Tree Community Centre have a book swap shop?

Located in the corridor you can help yourself to books or bring your own to swap.

There are books of all types and for all ages. Why not come and take a look for yourself!















Lightmoor Village businesses

Bournville Bistro

The bistro is located inside Bournville House and is open Monday to Friday from 8.30am-1.45pm.



Breakfast Menu

Hot Drinks

Standard Tea or Coffee	£1.00
All Bean to Cup Machine Drin	nks £2.20
Hot Chocolate	£2.20

Cold Drinks

Cans of Pop	£1.00/£1.20
Bottle of Water	£1.00
Fruit Juice	£1.00

Meals can be eaten in or taken away. Preorder by calling 0121-667-1023 or message the Facebook page.





Breakfast Menu

Mon-Fri 8.30am-12 noon)

Small Bistro Breakfast

£5.50

1 sausage, 1 bacon, Fried Egg, Tomato, Mushrooms, Baked Beans & Toast with standard cup of tea or coffee

Big Bistro Breakfast £7.00

2 sausage, 2 bacon, 2 Fried Egg, Tomato, Mushrooms, Baked Beans & 2 Toast with standard cup of tea or coffee

Vegan Bistro Breakfast £4.50 (ve) (10 minute wait)

2 Vegan sausage, Mushrooms, Tomato, Baked Beans & Toast (add an egg for vegetarian option) £5.30 vith standard cup of tea or coffee



Breakfast Menu

Mon-Fri 8.30am-12 noon)

Fried Egg Sandwich	£3.00
Beans on Toast	£2.50
Bacon or Sausage Sandwich	£3.00
Tomatoes on Toast	£2.50
Vegan Sausage Sandwich (ve)	£3.00
Fried Egg on Toast	£3.00
Toast & Preserves	£1.90
Cheese on Toast	£3.00
Scrambled Egg on Toast	£3.00
Cereals	£1.50
Toast/Bread & Butter (per slice)	£0.50
2 Crumpets & Butter	£1.50
Optional Extras (each)	
Sausage/Bacon/Egg	£0.80
Mushroom/Tomato/Beans	£0.50

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Lightmoor Village businesses

Bournville Bistro

As well as the daily lunch menu there is always a daily special that changes each week.

Roast dinner Wednesdays are very popular as well as Shelley's fresh omelettes! You can eat in or take away and preorders are welcome.

Please call 0121 667 1023 or visit the Bournville Bistro Facebook page.



Lunch Menu

Mon-Fri 12 noon - 1.45pm

Other Items

Double Egg & Chips £3.50 Double Ham, Egg & Chips £5.50 Portion of Chips £1.50 Crisps £0.80

Puddings £3.50 each

Apple Crumble Apple Pie Jam Sponge Syrup Sponge Spotted Dick Sticky Toffee Pudding Salted Caramel Sticky Toffee Pudding

Served with Custard or Ice Cream

Ice Cream per scoop E0.75 Flake £0.25

Meals can be eaten in or taken away. Pre-order by calling 0121-667-1023 or message the Facebook page.

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Lunch Menu

Mon-Fri 12 noon - 1.45pm

Cold Sandwiches

E3.50	Egg Mayo	£3.00
E4.00	Cheese	£3.00
E4.00	Tuna Mayo	£4.00
guette + 80p)		
d with salad)		
£4.50	Cheese & Tomato	£4,45
£4.00	Bacon & Cheese	£4.90
£4.90	Tuna Melt	£5.40
s		
£4.25	Cheese & Beans	£4.75
£4.50	Tuna Mayo	£4.75
£3.50	Cheese Omelette	£4.00
room £4.50 extra £1.00	Cheese & Onion	£4.25
	E4.00 E4.00 guette + 80p) d with salad) E4.50 E4.00 E4.90 s E4.25 E4.50 e4.50 c	E4.00 Cheese E4.00 Tuna Mayo guette + 80p) d with salad) E4.50 Cheese & Tomato E4.50 Bacon & Cheese E4.90 Tuna Melt S E4.25 Cheese & Beans E4.50 Tuna Mayo E3.50 Cheese Omelette room E4.50 Cheese & Onion

Weekly Menu example



Battered fish, scampi or fish cakes, chips, mushy peas or House salad, crusty bread and butter



www.bvtlightmoorvillage.org.uk





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Lightmoor Village businesses

Londis

Our local store has some great offers available and sells a wide range of products.

They are open every day from 6am-10pm.

Visit the Londis Lightmoor Facebook page to see their latest offers.





ABC Nursery

ABC nursery is based right in the heart of Lightmoor Village and has been rated Outstanding by Ofsted since it opened in 2012. ABC Lightmoor offers a warm, friendly and caring atmosphere for the children.

Call 01952 502572

Hortons Hair Salon

Situated in Lightmoor Village inside Bournville House Hortons Hair Salon is open to the Village.

Call Deb on 07530 674506 to book your appointment or find her on Facebook





Stephs Nail Shack

Stephs nail salon is in the heart of Lightmoor Village. A personal, warm and comfortable salon in Bournville House, available to all.

Call 07548 928957 to book an appointment or find her on Facebook





Climate Action Hub



Join Climate Action Hub Telford's FREE Sustainable Sunday event Sunday 14th July 11am-3pm Belmont Hall, Wellington, TFI 1LU

- Sustainable cooking workshops for adults & children
- Talk from Shropshire Good Food
 Partnership: local food trail
- Vegan refreshments & food stalls
- Zero waste food ideas
- Swap & giveaway
- Eco library
- Terracycle recycling



Join the Climate Action Hubs Free Sustainable Sundays events,

every month, from 11-3pm at Belmont Hall in Wellington. Everyone is very welcome.

Find out more on their Facebook page Climate Action Hub



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Community Support

The Oak Tree Community Centre is a donation and collection point for Telford Crisis Support.

You can bring any of the donations on the wish list to the centre and we will pass them on.

If you or someone you know is in crisis and requires support with food, baby and toddler essentials or school wear please contact Telford Crisis Support

Tel: 01952 586 646 email: admin@telfordcrisissupport.org.uk or look on the website telfordcrisissupport.org.uk

TELFORD & WREKIN INTERFAITH COUNCIL In emergencies or out of hours contact **Telford Interfaith Council on** hello@interfaithtelford.org



Cost of living support

Telford & Wrekin Council offer free cost of living advice and support. This includes;

- Benefit payments and finances
- Mental health and wellbeing
- Bills and affordable warmth
- Food, toiletries and clothing
- Support for businesses

For more information take a look at their website https://www.telford.gov.uk/info/21826/cost_of_living

Citizens Advice Telford & Wrekin offer free cost of living, information signposting and advice in communities across Telford.

An advisor visits the Oak Tree Community Centre on the 1st Tuesday of each month from 9.30am-12.30pm.

To book an appointment please call 01952 567193 or visit the website to fill in an initial enquiry form. citizensadvicetelfordandthewrekin.org.uk

citizens advice





Community Support



Skill up coffee morning

Whether you're eager to explore free local courses, dive into volunteering opportunities, learn new skills, or simply boost your confidence – this is the place to be!

The 1st Wednesday of the month at Dawley Town Hall 12.45-2.45pm

Parent and Carer Support Parents Opening Door

PODS is a parent and carer led charity, with staff and volunteers who have 'real life' experience to support families who have a child with a disability or additional need (aged 0 – 25 years). Join PODS this June for a variety of activity sessions! Open to all ages, including siblings.

For more information visit; https://www.podstelford.org or email support@podstelford.org



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Community Support Telford Autism Hub



Telford & Wrekin CVS manage two autism hubs, one for adults and one for children.

Adults

Telford Adult's Autism Hubs main aim is to enable individuals to better understand their autistic identity.

This can be an individual seeking an assessment or general support. It can also be other agencies and businesses wanting to be better placed to meet the needs of Telford's neurodiverse community.

Children

Our Children's Autism Hub is available to children and young people aged 0-18, and their families, who have a formal diagnosis of Autism.

For individuals that have other needs, for example, a learning disability, the Autism Hub will provide support in respect of their Autism.

For more information please email; admin@telfordautismhub.org.uk call 01952 916109 or visit the website www.telfordautismhub.org.uk www.bvtlightmoorvillage.org.uk 0330 333 6540

TELFORD AUTIEM HUB Our Hub supports families who live in DUTIOND CHILDREN'S Telford and Wrekin who COMMUNITY have children 0 - 18 DROP IN years with a formal diagnosis of Autism **Our Hub offers** Information & Advice **Training Workshops** Parent & Young People Peer Support Groups **DUGOUT/Youth Group** The Wrekin Family Fun Primary Housing Group 1-2-1 Advice Sessions 30th April Hom - 1pm with an Autism 28th May Tiam - Igm

25th June Ibarn - Ipre

at Wrekin Housing Group **Stirctury Shop Stirchley District Centre** 172.161

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for 11-18's

Sessions

Specialist

Training

services

Autism Champion

Signposting to wider

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Need someone to talk to who just gets it? Want to be part of a group where you can share ideas and benefit from each others lived experiences? Then come along to our Coffee & Chat peer support group,

Every Monday 11:15am to 12:15pm (term time only)

If you would like to attend email our team on childrensautism@tandwcvs.org.uk





Parent and Carer Support

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What Parents & Carers Need to Know about SOCIAL MEDIA &

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'legal but harmful' content, lives are being impacted – sometimes to tragic effect. We might be dounted by the scale of the tech giants and their content which so enthrals young people, but we can still help children to be oware of their mental wellness: recognising when something isn't OK – and knowing what to do about content that upsets them.

UNDERSTAND THE ALGORITHM

2 AVOID THE MAIN FEEDS

SCUSS WHAT THEY'VE SEEN

99

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LEARN HOW TO HIDE CONTENT

SET DAILY LIMITS

Meet Our Expert

AutionalOnlineSafety www.nationalonlinesalety.com O @nationalonlinesatety @natonlinesafety of the date of release: 20 11 2021

6. MONITOR THEIR ACTIVITY

TURN OFF PUSH NOTIFICATIONS

8. USE DEVICES TOGETHER

ENCOURAGE OT

EN

10. TALK ABOUT PEER



www.bvtlightmoorvillage.org.uk

0330 333 6540



Support for people 50+

Forum 50+ is a small charity supporting people over 50 in the Telford & Wrekin area, helping them to maintain wellbeing and independence through increased access to information, support, activities and opportunities to build new connections and engage in social activity within their communities. Our Aims:

- Tackle loneliness, and isolation, helping people to build connections and resilience and to feel better supported.
- Provide information to local people about services, support, advice, activities, volunteering, current issues and consultation opportunities.
- Help people to participate in regular activities increasing social interaction, well-being and confidence.
- Promote the needs and concerns of older people so that they may be heard and accounted for in the planning of services and facilities, and address inequality.
- Provide opportunities for people to learn and gain confidence in the use of technology.
- Offer opportunities for volunteering.

What we offer:

- Befriending services including our Telephone Chat Scheme and face to face befriending.
- Regular social groups.
- Weekly exercise classes.
- Computer support and tuition.
- A range of volunteering roles and opportunities to get involved.
- Free membership and regular newsletters.
- Helping you to have a say.
- Campaigning through our action groups.

For more information, please call 07932 828333 or 07552 975676 Alternatively visit our website www.forum50plus.org.uk

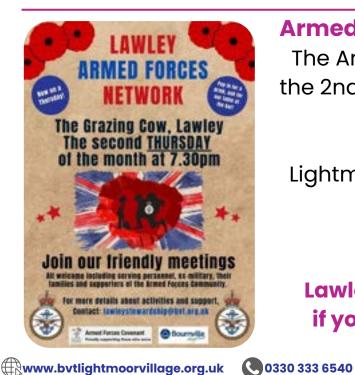


Action for Happiness

The mission of Action for Happiness is to help people create a happier world, with a culture that prioritises happiness and kindness.

You can sign up to their monthly calendars that have a different theme each month. **www.actionforhappiness.org**





Armed Forces Network

The Armed Forces network meet on the 2nd Thursday of the month at The Grazing Cow in Lawley.

Lightmoor Village residents are very welcome to join.

Please email; LawleyStewardship@bvt.org.uk if you would like to know more.

BVTLightmoorVillage

Your Parish Councils and Councillors

Lightmoor Village is represented by two Parish Councils, with Woodlands Lane being the boundary.

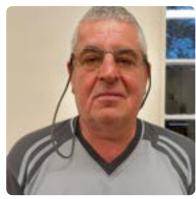
The west side of the Village is The Gorge Parish Council and east side is Dawley Hamlets Parish Council.

The Gorge Parish Council

If you wish to contact the parish council, you can do so by contacting the clerk by telephone or email.

Tel: 01952 883192 Email: clerk@thegorgeparishcouncil.gov.uk

Cllr Alan Taylor is the Councillor for the Lightmoor Ward and is also The Parish Council Chair. He attends the Lightmoor Village Delivery Group and Lightmoor Village Estate Managment Committee to bring The Gorge and Lightmoor Village together.



There is a vacancy for the Lightmoor Ward, Lightmoor Village residents are invited to join the parish as a local councillor, please contact them for more information.



If you wish to contact the parish council, you can do so by contacting the clerk by telephone or email.

Tel: 07941 212311 Email: clerk@dawley-hamlets.org

Cllr Zona Harrington, Cllr Raj Mehta and Cllr Ian Preece are Parish Councillors for the Horsehay Ward that Lightmoor Village is part of.

Cllr Kate Barnes attends the Lightmoor Village Delivery Group and Cllr Mehta attends the Lightmoor Village Estate Managment Committee.



Cllr Zona Hannington



Cllr Raj Mehta



Cllr Ian Preece



Clir Kate Barnes







Telford & Wrekin Council Borough Councillors



Protect, care and invest to create a better borough

The Borough of Telford & Wrekin Council is divided into 32 wards and 54 Councillors or Members. Some wards have a single Councillor, others have two or three. Councillors are elected to represent all the residents in their ward.

Local Councillors are elected by the community to decide how the council should carry out its various activities. They represent public interest as well as individuals living within the ward in which he or she has been elected to serve a term of office.

They have regular contact with the general public through council meetings, telephone calls or surgeries.

Lightmoor Village is part of the Horsehay and Lightmoor Ward. Our Borough Councillors are:



Cllr Raj Mehta



Clir Ian Preece

Cllr Raj Mehta rajash.mehta@telford.gov.uk

Cllr Ian Preece ian.preece@telford.gov.uk

If you have something you'd like to share with the Lightmoor Village community in July, please let us know.

You can pop into the Oak Tree Community Centre or email us at:

events@bvt.org.uk





