

## Welcome to our virtual community noticeboard

Summer is coming, and there are lots of activities for your children and young people to take part in. Keep an eye out for more information coming soon.

**Located in Lawley,  
Lightmoor Village & Overdale**

PRIORITY GIVEN TO RESIDENTS FROM THESE AREAS.

**COMING SOON!!  
DATE: SIX WEEKS HOLS 2024**

<https://www.eventbrite.com/cc/childrens-holidays-2024-lawleylightmooroverdale-3038149>



**CHILDREN'S  
HOLIDAY  
ACTIVITIES**



**YOUTH  
SPORTS  
SESSIONS**

Activities Include:

- Cooking
- Magic
- Exotic Zoo
- Fun Science
- Professor Black Activity Sessions
- Crafting
- Cricket & Multisports

Find all events by scanning the QR code or search Eventbrite



For Mini Athletics book here directly:  
[www.miniathletics.com](http://www.miniathletics.com)



**URBAN GAMES**

Search for details:  
[www.telford.gov.uk/info/20390/events\\_and\\_activities/6460/urban\\_games](http://www.telford.gov.uk/info/20390/events_and_activities/6460/urban_games)



Others With Added Costs:

- Crossbar Holiday Club at Lawley Primary School (Contact directly [admin@thecrossbargroup.co.uk](mailto:admin@thecrossbargroup.co.uk))
- Top Hats Stage School at Lightmoor School (Contact directly to book [midlands@tophatstageschool.co.uk](mailto:midlands@tophatstageschool.co.uk))

 For more info contact: [events@bvt.org.uk](mailto:events@bvt.org.uk) or [clerk@lawleyoverdale.org.uk](mailto:clerk@lawleyoverdale.org.uk)

From Lawley Partnership Board & Lightmoor Village Delivery Group

Includes a variety of activities from partners & with some funding from:



Telford & Wrekin  
Co-operative Council



LAWLEY AND OVERDALE  
Partnership Board



Bournville  
Village Trust



TELFORD & WREKIN  
INTERFAITH COUNCIL



Pride in Our  
Community  
Councils' Pride Fund



**LEVELLING  
UP**

# Lightmoor Village Primary School PTA



## Join Us for the Lightmoor Summer Fair 🎉

Mark your calendars for a fantastic day of fun and excitement at our PTA Summer Affair on Friday, July 12th!

### ☀️ New This Year: Inflatable Land! ☀️

We're thrilled to introduce our brand-new Inflatable Land featuring 7 large inflatables and garden games for the little ones to enjoy. Your child will have exclusive access to this exciting area on the top field.

### 💎 Pre-Sale Wristbands Available Now! 💎

Don't miss out on the early bird special for wristbands. Click the link below to purchase and secure your child's entry to Inflatable Land!

📌 Disclaimer: When booking Inflatable Land, all children must be supervised by an adult at all times.

👉 <https://lightmoor-pta.sumupstore.com/?>

Along with Inflatable Land, we have an array of fabulous stalls and activities, including:

✨ Glitter Tattoos ✨ Hair Braids ✨ Rainbow Tombola ✨ Guess the Teddy's Name  
✨ Raffle ✨ Cuddly Claw ✨ Balloons ✨ Beat the Goalie ✨ Pocket Money Stall  
✨ Prizes ✨ Popcorn ✨ Sweets ✨ Food Stalls ✨ Bar and much more!

It's going to be a day filled with fun, laughter, and memorable moments.

We can't wait to see you there!





## Oak Tree Community Centre

If you are new to Lightmoor Village or have never visited the centre, you may not be aware of the fantastic facilities available to hire at the Oak Tree Community Centre as well as a wide range of events and activities you can take part in.

From birthday parties in the hall, meetings and training rooms or a space for sports, there is a room for all needs.

You can check out the calendar of what's on and view the availability and facilities on our new booking system.

Visit the BVT Lightmoor Village website  
and follow the link at the top of the page

<https://bvtlightmoorvillage.org.uk>

or go straight to,

<https://oak.lemonbooking.com>



# What's on at the Oak Tree Community Centre

Day	Time	Activity	Contact /How to book
Monday	6pm-7pm	Rainbows for girls age 5-7	Visit: <a href="http://www.girlguiding.org.uk">www.girlguiding.org.uk</a> to register
Monday	6pm-8pm	Temple Martial Arts Kickboxing For children, teens & adults	Tel: 07908 849934 Email: <a href="mailto:coachran@templemartialarts.co.uk">coachran@templemartialarts.co.uk</a> Website: <a href="http://www.temple-martialarts.co.uk">www.temple-martialarts.co.uk</a>
Tuesday	5.30pm- 6.30pm	Cheer Unleashed Mystic Cheerleading class Age 5+	Tel: 07447 405007 Email: <a href="mailto:cheerunleashed@gmail.com">cheerunleashed@gmail.com</a> Website: <a href="http://www.cheerunleashed.co.uk">www.cheerunleashed.co.uk</a>
Tuesday	6.30pm- 7.30pm	Cheer Unleashed Enchant Cheerleading Class Age 5+	
Wednesday	5.15pm- 6.45pm	Lightmoor Village Youth Group Juniors year 6-8	Tel Emma: 07710 095798 Email: <a href="mailto:emma.b@sya.org.uk">emma.b@sya.org.uk</a>
Wednesday	7pm- 8.30pm	Lightmoor Village Youth Group Seniors year 9 to age 18	
Thursday	5.30pm- 6.30pm	Kombat Kids Beginners Karate Class	Tel: 07730 899722 Email: <a href="mailto:enquiries@kombatkids.com">enquiries@kombatkids.com</a> Website: <a href="http://www.kombatkids.com">www.kombatkids.com</a>
Thursday	6:30pm- 8pm	Kombat Kids Intermediate Karate Class	
Thursday	6.30pm- 8pm	Brownies For girls age 7-10	Visit: <a href="http://www.girlguiding.org.uk">www.girlguiding.org.uk</a> to register
Friday	6.30pm- 7.30pm	Cheer Unleashed Enchant Cheerleading Class Age 5+	Tel:07447 405007 Email: <a href="mailto:cheerunleashed@gmail.com">cheerunleashed@gmail.com</a> Website: <a href="http://www.cheerunleashed.co.uk">www.cheerunleashed.co.uk</a>
Friday	6pm-7pm 7pm-8pm	FREE Friday Football AFC Telford United Age 6-12 6pm-7pm Age 12-16 7pm-8pm	Multi Use Games Area next to the centre No need to book, just turn up!
Saturday	10am-12pm	Top Hats Stage School Tiny Toppers age 4-5	Tel: 01952 793949 Email: <a href="mailto:midlands@tophatstageschool.co.uk">midlands@tophatstageschool.co.uk</a> Website: <a href="http://www.tophatstageschool.co.uk">www.tophatstageschool.co.uk</a>
Saturday	10am-1pm	Top Hats Stage School Top Hatters age 6-17	
Sunday	8:40am- 12pm	Little Kickers Various classes & times from 18months to 5 years	Tel: 07545 236917 Email: <a href="mailto:westmidlands@littlekickers.co.uk">westmidlands@littlekickers.co.uk</a> Website: <a href="http://www.littlekickers.co.uk">www.littlekickers.co.uk</a>



# Oak Tree Community Centre SPOTLIGHT!

## Cheer Unleashed!

Cheer Unleashed are a Telford based cheerleading company welcoming both children and adults alike to come and experience the fun of cheerleading in a safe, happy environment.

The teams have recently taken part in national competitions where they won many awards, well done everyone!



Reece Lindsay runs the group at the Oak Tree Community Centre on a Tuesday and Friday evening, we welcome all ages to try out for our competition teams from complete beginners through to advanced athletes!

**Contact us on: 07447 405007, email: [cheerunleashed@gmail.com](mailto:cheerunleashed@gmail.com)**





# Lightmoor Village Youth Project

The Lightmoor Village Youth Clubs take place through a partnership with BVT and Shropshire Youth Association.

As well as the youth clubs that take place on a Wednesday evening, there is a youth forum, Speak Up, Speak Out' and regular outreach work taking place in the Village.

**We are always looking for volunteers, if you are interested please get in touch by email:**  
**emma.b@sya.org.uk**

**LIGHTMOOR VILLAGE JUNIOR YOUTH CLUB**  
**WEDNESDAYS 5:15PM – 6:45PM**

**PROGRAMME**  
**JUNE – JULY 2024**

School Yr 6 - Yr 8

5th June - Plant Pot Decorating & Sunflower Seed Planting, Outdoor Games (Football, Tennis & Dodgeball), Crisps, Fruit and Drinks

12th June - **EURO'S 2024 NIGHT!**  
Penalty Shootout, Euros 24 Sweepstake (with special prizes), Fantasy Euro 24 Kit Design, Painting Clay Designs, Fruit Kebabs

19th June - Quiz & Bingo Night, Watercolour Painting, Badminton/Volleyball, Chip Baps & Draughts Knock Out Night

26th June - Visit From Highley Youth Club Young Leaders, Glitter Tattoos, Dizzy Goals, Smoothie Making & Karaoke

3rd July - Nerf Wars, Pizza Doughballs, Keyring & Compact Mirror Making, Prep/Practice for Lightmoor's Got Talent (LGT)

10th July - Lightmoor's Got Talent Show, Popcorn with toppings

17th July - Outdoor Games (weather dependent - Blind Footy/Rounders & Dodgeball), Tie dying, Hotdogs & Euros 2024 Sweepstake Winner Prizes!

Activities also include  
Pool, Table Tennis & PS4!

**FREE TO ATTEND!**



For more info please contact Emma Brown:  
07710 095798 emma.b@sya.org.uk  
Facebook: @LightmoorVillageYouthProject

**LIGHTMOOR VILLAGE SENIOR YOUTH DROP-IN**  
**WEDNESDAYS 7PM – 8:30PM**

**PROGRAMME**  
**JUNE – JULY 2024**

Yr 9 up to 18th Birthday

5th June - Outdoor Games (Football, Tennis & Dodgeball), Crisps, Fruit and Drinks

12th June - **EURO'S 2024 NIGHT!**  
Penalty Shootout, Euros 24 Sweepstake (with special prizes), Pasta Pots

19th June - Quiz/Games Night, Compact Mirror Making, Badminton/Volleyball, Chip Baps.

26th June - Nail Design, Dizzy Goals, Smoothie Making

3rd July - Nerf Wars, Pitta Pizzas, Glitter Tattoos

10th July - Darts Knockout, Chicken Fajitas, Sport of your choice

17th July - Outdoor Games (weather dependent - sport of your choice), Tie dying, Hotdogs and Euros 2024 Sweepstake Winner Prizes!

Activities also include  
Pool, Table Tennis & PS4!

**FREE TO ATTEND!**



For more info please contact Emma Brown:  
07710 095798 emma.b@sya.org.uk  
Facebook: @LightmoorVillageYouthProject

**LIGHTMOOR VILLAGE SPEAK UP, SPEAK OUT!**

A YOUTH FORUM FOR YOUNG PEOPLE IN YEAR 6 UP TO THE AGE OF 18, WHO LIVE IN THE LIGHTMOOR VILLAGE AREA...

Would you like to be part of a team and have your say in what goes on in your area for young people?

Would you like to be a voice for other young people in Lightmoor Village?

**SESSIONS FOR THIS TERM...**

**TUESDAY 7TH MAY 5 – 6:30PM**  
**TUESDAY 22ND MAY 5 – 6:30PM**  
**FRIDAY 31ST MAY (YOUTH FEST) 10AM – 3PM**  
**TUESDAY 4TH JUNE 5 – 6:30PM**  
**TUESDAY 2ND JULY 5 – 6:30PM**

@The Oak Tree Community Centre,  
Lightmoor Way, Lightmoor Village Centre,  
Telford, TF4 3EG



For more info please contact Emma Brown:  
07710 095798 emma.b@sya.org.uk  
Facebook: @LightmoorVillageYouthProject





**Shropshire Wildlife Trust**

## Youth Forum

Shropshire Wildlife Trust is looking for 16-25 year-olds in Shropshire, Telford and Wrekin to help us represent and act on the views of young people.

**Applications open soon**

- Build confidence
- Learn new skills
- Be a voice for nature
- Gain experience

**Sat 13th July - welcome event**



We will hold a welcome event at our visitor centre in Shrewsbury, exploring the issues facing our natural world and discussing what the Youth Forum will look like and what you think our goals should be

Interested? Email [youth@shropshirewildlifetrust.org.uk](mailto:youth@shropshirewildlifetrust.org.uk) to receive updates and be invited to our welcome event in July

The Youth Forum is open to anyone aged between 16 and 30 and live, work or study in Shropshire or Telford and Wrekin. If you are interested in being involved email [youth@shropshirewildlifetrust.org.uk](mailto:youth@shropshirewildlifetrust.org.uk) and we will be in touch with more information.

On Saturday 13th July, we will be holding an event at our visitor centre in Shrewsbury for all those who are interested, to introduce our vision and ask for your help to shape what the Youth Forum will look like.

## Friday night football

In partnership with BVT, AFC Telford United foundation, Cllr Raj Mehta and Cllr Ian Preece, Friday night football will continue to take place weekly through March-October.

Qualified coaches from AFC Telford United are at the Multi-Use Games Area in Woodlands Park to help young people learn new and improve their skills.



**Under 12 6pm-7pm, 12-16 7pm-8pm.**  
**No need to book, just turn up!**

## Community Speed Watch

Are you concerned about speeding vehicles in the community? You are welcome to join the local Horsehay and Lightmoor Speed Watch group.

Let us know if you would like to volunteer.

**Email: [events@bvt.org.uk](mailto:events@bvt.org.uk)**



## Community Book Shop

Did you know the Oak Tree Community Centre have a book swap shop?

Located in the corridor you can help yourself to books or bring your own to swap.

There are books of all types and for all ages. Why not come and take a look for yourself!





# Lightmoor Village businesses

## Bournville Bistro

The bistro is located inside Bournville House and is open Monday to Friday from 8.30am-1.45pm.



### Breakfast Menu

#### Hot Drinks

Standard Tea or Coffee	£1.00
All Bean to Cup Machine Drinks	£2.20
Hot Chocolate	£2.20

#### Cold Drinks

Cans of Pop	£1.00/£1.20
Bottle of Water	£1.00
Fruit Juice	£1.00

Meals can be eaten in or taken away. Pre-order by calling 0121-667-1023 or message the Facebook page.



### Breakfast Menu

Mon-Fri 8.30am-12 noon)

#### Small Bistro Breakfast £5.50

1 sausage, 1 bacon, Fried Egg, Tomato, Mushrooms, Baked Beans & Toast with standard cup of tea or coffee

#### Big Bistro Breakfast £7.00

2 sausage, 2 bacon, 2 Fried Egg, Tomato, Mushrooms, Baked Beans & 2 Toast with standard cup of tea or coffee

#### Vegan Bistro Breakfast £4.50 (ve) (10 minute wait)

2 Vegan sausage, Mushrooms, Tomato, Baked Beans & Toast (add an egg for vegetarian option) £5.30 with standard cup of tea or coffee



### Breakfast Menu

Mon-Fri 8.30am-12 noon)

Fried Egg Sandwich	£3.00
Beans on Toast	£2.50
Bacon or Sausage Sandwich	£3.00
Tomatoes on Toast	£2.50
Vegan Sausage Sandwich (ve)	£3.00
Fried Egg on Toast	£3.00
Toast & Preserves	£1.90
Cheese on Toast	£3.00
Scrambled Egg on Toast	£3.00
Cereals	£1.50
Toast/Bread & Butter (per slice)	£0.50
2 Crumpets & Butter	£1.50

#### Optional Extras (each)

Sausage/Bacon/Egg	£0.80
Mushroom/Tomato/Beans	£0.50

# Lightmoor Village businesses

## Bournville Bistro

As well as the daily lunch menu there is always a daily special that changes each week.

Roast dinner Wednesdays are very popular as well as Shelley's fresh omelettes! You can eat in or take away and preorders are welcome.

**Please call 0121 667 1023 or visit the Bournville Bistro Facebook page.**



## Lunch Menu

Mon-Fri 12 noon - 1.45pm

### Other Items

Double Egg & Chips £3.50  
Double Ham, Egg & Chips £5.50 Portion of Chips £1.50  
Crisps £0.80

### Puddings £3.50 each

Apple Crumble  
Apple Pie  
Jam Sponge  
Syrup Sponge  
Spotted Dick  
Sticky Toffee Pudding  
Salted Caramel Sticky Toffee Pudding

Served with Custard or Ice Cream

Ice Cream per scoop £0.75  
Flake £0.25

Meals can be eaten in or taken away. Pre-order by calling 0121-667-1023 or message the Facebook page.



## Lunch Menu

Mon-Fri 12 noon - 1.45pm

### Cold Sandwiches

Ham	£3.50	Egg Mayo	£3.00
BLT	£4.00	Cheese	£3.00
Ham & Cheese	£4.00	Tuna Mayo	£4.00
(upgrade to baguette + 80p)			

### Panini's (served with salad)

Ham	£4.50	Cheese & Tomato	£4.45
Cheese	£4.00	Bacon & Cheese	£4.90
Ham & Cheese	£4.90	Tuna Melt	£5.40

### Jacket Potatoes

Cheese/Beans	£4.25	Cheese & Beans	£4.75
Coleslaw	£4.50	Tuna Mayo	£4.75

### Omelettes

Plain Omelette	£3.50	Cheese Omelette	£4.00
Cheese & Mushroom	£4.50	Cheese & Onion	£4.25
Add Ham for an extra	£1.00		

## Weekly Menu example

*Monday*

Steak pie, mash, peas, gravy

*Tuesday*

Cottage pie, house salad, crusty bread and butter

*Wednesday*

Roast chicken dinner, roast potatoes, stuffing, mixed veg Yorkshire pudding, gravy

*Thursday*

Chilli con cami, rice, sour cream, garlic bread

*Friday*

Battered fish, scampi or fish cakes, chips, mushy peas or House salad, crusty bread and butter





## Lightmoor Village businesses

### Londis

Our local store has some great offers available and sells a wide range of products.

They are open every day from 6am-10pm.



**Visit the Londis Lightmoor Facebook page to see their latest offers.**



### ABC Nursery

ABC nursery is based right in the heart of Lightmoor Village and has been rated Outstanding by Ofsted since it opened in 2012. ABC Lightmoor offers a warm, friendly and caring atmosphere for the children.

**Call 01952 502572**

### Hortons Hair Salon

Situated in Lightmoor Village inside Bournville House Hortons Hair Salon is open to the Village.

**Call Deb on 07530 674506 to book your appointment or find her on Facebook**



### Stephs Nail Shack

Stephs nail salon is in the heart of Lightmoor Village.

A personal, warm and comfortable salon in Bournville House, available to all.

**Call 07548 928957 to book an appointment or find her on Facebook**

Join Climate Action Hub Telford's  
**FREE Sustainable Sunday event**  
**Sunday 14th July 11am-3pm**  
**Belmont Hall, Wellington, TF1 1LU**

- Sustainable cooking workshops for adults & children
- Talk from Shropshire Good Food Partnership: local food trail
- Vegan refreshments & food stalls
- Zero waste food ideas
- Swap & giveaway
- Eco library
- Terracycle recycling



See our website for details  
[www.climateactionhub.org.uk](http://www.climateactionhub.org.uk)



Join the Climate Action Hubs Free Sustainable Sundays events,

every month, from 11-3pm at Belmont Hall in Wellington.

Everyone is very welcome.

**Find out more on their Facebook page Climate Action Hub**

# GREEN FESTIVAL



**SATURDAY**  
**27th July**  
**2024**  
**10am - 3pm**





## Community Support

The Oak Tree Community Centre is a donation and collection point for Telford Crisis Support.

You can bring any of the donations on the wish list to the centre and we will pass them on.

If you or someone you know is in crisis and requires support with food, baby and toddler essentials or school wear please contact Telford Crisis Support

**Tel: 01952 586 646**

**email: [admin@telfordcrisissupport.org.uk](mailto:admin@telfordcrisissupport.org.uk)**

**or look on the website**

**[telfordcrisissupport.org.uk](http://telfordcrisissupport.org.uk)**



**In emergencies or out of hours contact  
Telford Interfaith Council on  
[hello@interfaithtelford.org](mailto:hello@interfaithtelford.org)**

### TELFORD CRISIS SUPPORT



#### Shopping list

We are always grateful to receive the following

**Tinned meats - steak, mince, pork, chicken, corned beef etc**

**Tinned meals - stew, meatballs, curry, chilli etc.**

**Tinned veg - potatoes, peas, carrots etc.**

**Long-life Milk - semi-skimmed & whole**

**Pasta sauces & pasta bakes**

**Rice pudding & tinned fruit**

**Tinned tuna & salmon**

**Pasta & noodle pots**

**Chocolate**

**Biscuits**

**Coffee**

**Sugar**



We also welcome  
any dietary-specific  
foods, vegetarian,  
gluten-free,  
free-from etc.



**Shampoo  
Toothpaste  
Deodorant  
Toothbrushes  
Shaving Foam  
Disposable razors  
Shower Gel & Soap  
Feminine Care Products**



### Cost of living support

Telford & Wrekin Council offer free cost of living advice and support.

This includes;

- Benefit payments and finances
- Mental health and wellbeing
- Bills and affordable warmth
- Food, toiletries and clothing
- Support for businesses

**For more information take a look at their website  
[https://www.telford.gov.uk/info/21826/cost\\_of\\_living](https://www.telford.gov.uk/info/21826/cost_of_living)**

Citizens Advice Telford & Wrekin offer free cost of living, information signposting and advice in communities across Telford.

An advisor visits the Oak Tree Community Centre on the 1st Tuesday of each month from 9.30am-12.30pm.

**To book an appointment please call 01952 567193 or  
visit the website to fill in an initial enquiry form.  
[citizensadvice.telfordandthewrekin.org.uk](http://citizensadvice.telfordandthewrekin.org.uk)**



## Community Support



### Skill up coffee morning

Whether you're eager to explore free local courses, dive into volunteering opportunities, learn new skills, or simply boost your confidence – this is the place to be!

**The 1st Wednesday of the month at Dawley Town Hall  
12.45–2.45pm**

## Parent and Carer Support

### Parents Opening Door

PODS is a parent and carer led charity, with staff and volunteers who have 'real life' experience to support families who have a child with a disability or additional need (aged 0 – 25 years).

Join PODS this June for a variety of activity sessions! Open to all ages, including siblings.

**For more information visit;  
<https://www.podstelford.org>  
or email  
[support@podstelford.org](mailto:support@podstelford.org)**





## Community Support

### Telford Autism Hub

**Telford & Wrekin CVS manage two autism hubs, one for adults and one for children.**

#### Adults

Telford Adult's Autism Hubs main aim is to enable individuals to better understand their autistic identity.

This can be an individual seeking an assessment or general support. It can also be other agencies and businesses wanting to be better placed to meet the needs of Telford's neurodiverse community.

#### Children

Our Children's Autism Hub is available to children and young people aged 0-18, and their families, who have a formal diagnosis of Autism. For individuals that have other needs, for example, a learning disability, the Autism Hub will provide support in respect of their Autism.

**For more information please email; [admin@telfordautismhub.org.uk](mailto:admin@telfordautismhub.org.uk)  
call 01952 916109 or visit the website [www.telfordautismhub.org.uk](http://www.telfordautismhub.org.uk)**



**TELFORD CHILDREN'S AUTISM HUB**

*Come and join us for a*  
**Coffee & Chat**

*"Really nice to share experiences with other parents. Also, to receive support and encouragement from staff and parents"*

**Every Monday  
11.15am to  
12.15pm  
(Term Time Only)**

*"Attended the coffee & chat. Made to feel welcome, a warm atmosphere and nice just to talk to other parents that 'get it' -"*

Email us on [childrensautism@tandwcv.org.uk](mailto:childrensautism@tandwcv.org.uk) or call 01952 262063 if you would like to attend.



**TELFORD CHILDREN'S AUTISM HUB**

**FAMILY FUN SESSION**

**3RD TUESDAY OF THE MONTH  
4PM TO 5PM TERM TIME ONLY**

COME AND JOIN US FOR OUR FAMILY FUN SESSION FOR PRIMARY AGED CHILDREN  
If you would like to attend Email our team at [childrensautism@tandwcv.org.uk](mailto:childrensautism@tandwcv.org.uk)

A project of Telford & Wrekin CVS

All The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## What Parents & Educators Need to Know about POP-UP ADS

### WHAT ARE THE RISKS?

Pop-up advertisements have been a staple of the internet since they were first introduced in the late 1990s. This form of advertising causes a small window or banner to appear in the foreground while someone is browsing a website. Although these adverts are merely irritating for most people, pop-ups can present more severe risks to younger users.

#### DECEPTIVE TACTICS

Children sometimes don't understand that adverts (including pop-ups) are designed to sell a product – and can't distinguish between a legitimate feature of a site and an advertisement. Video games, for example, can be full of pop-up ads that tempt users into spending money, yet they might take the form of a mini-game or extra level.

#### INAPPROPRIATE CONTENT

While some adverts are targeted based on a user's interests and activity online, that isn't always the case. This means that children may unfortunately be exposed to ads for age-inappropriate goods or services such as tobacco products, alcohol and gambling sites.

#### MALWARE RISK

Most pop-ups from reputable advertisers are safe. However, in some cases, pop-ups can trick you into downloading malware – whereby cybercriminals install software on your device, allowing them to access your sensitive data. It can be difficult to know if malware has been installed on your device, so your best option is to avoid engaging with these pop-ups altogether. Be wary of sites that suddenly bombard you with ads or try to prevent you from leaving.

#### PRIVACY RISK

Many app and game developers will collect their users' personal data, such as their name, address, email address, geo-location information, unique numerical identifiers, phone and payment information. If a child clicks on an illegitimate pop-up loaded with malware, all this information could be put at risk.

#### RACKING UP BILLS

If a child has access to a payment card on their device – be it a smartphone, laptop, or tablet – they could very quickly rack up a massive bill by interacting with pop-up adverts and buying products shown to them. Try to keep a close eye on their spending.

#### BEHAVIOURAL IMPACT

Research has found that pop-up ads can even have an impact on children's behaviour. Some of these adverts use manipulative tactics that take advantage of children's developmental vulnerabilities, instant gratification or otherwise. This approach may cause a child's mood to shift, becoming more stubborn, for example, if they begin wanting their parents to buy a specific product for them.

### Advice for Parents & Educators

#### START A CONVERSATION

It's important to have regular conversations with children about online advertising so that they understand the risks of interacting with pop-ups. For example, if a child asks for a product which has been advertised to them online, ask them why they want it and how they found it. This will present an opportunity to talk youngsters through the tactics used in online marketing.

#### SPOT THE SIGNS

If you're concerned that a child may be following pop-up ads to make online purchases or viewing content that could be harmful, it's important to be able to spot the signs. Due to the often-manipulative nature of these adverts, children who interact with them regularly may show signs of distraction, stubbornness and an increasingly materialistic worldview.

#### MONITOR CONTENT

It can often be difficult to spot when a pop-up advert is malicious – even more so for impressionable younger users. It's important to monitor the content they're consuming to prevent them from clicking on something dangerous. If a pop-up ad seems too good to be true – promising a free iPad, for example – it probably is.

#### PRIVACY SETTINGS

Most modern devices have privacy settings that let you limit the amount of advertising a child is subjected to while using apps or browsing the internet. You may also want to speak to teachers about checking sites and apps with advertising, as well as adjusting digital privacy settings on any education technology they use.

#### LIMIT SPENDING

Try to stay aware of what children are spending and ensure that payment details aren't linked to or saved on the gaming platform that they use. Most video games and internet-enabled devices have settings that can help you manage what children can or cannot purchase online.

#### CUT DOWN ON SCREEN TIME

Given the prevalence of pop-up ads (which can appear on everything from smartphones and tablets to internet-connected toys and games), it might be beneficial to limit the time children spend on digital devices to curb their exposure to digital advertising.

### Meet Our Expert

Carly Page is an experienced technology writer with more than 10 years in the industry. Previously the editor of TechSolid, she is now a freelance technology journalist, editor and consultant who writes for Forbes, TechRadar and Wired, among others.

Source: See full reference list on guide page at <https://nationalcollege.com/guides/pop-ups/>

**WakeUpWednesday** The National College

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 28.06.2024



## Support for people 50+

**Forum 50+ is a small charity supporting people over 50 in the Telford & Wrekin area, helping them to maintain wellbeing and independence through increased access to information, support, activities and opportunities to build new connections and engage in social activity within their communities.**



### Our Aims:

- Tackle loneliness, and isolation, helping people to build connections and resilience and to feel better supported.
- Provide information to local people about services, support, advice, activities, volunteering, current issues and consultation opportunities.
- Help people to participate in regular activities increasing social interaction, well-being and confidence.
- Promote the needs and concerns of older people so that they may be heard and accounted for in the planning of services and facilities, and address inequality.
- Provide opportunities for people to learn and gain confidence in the use of technology.
- Offer opportunities for volunteering.

### What we offer:

- Befriending services including our Telephone Chat Scheme and face to face befriending.
- Regular social groups.
- Weekly exercise classes.
- Computer support and tuition.
- A range of volunteering roles and opportunities to get involved.
- Free membership and regular newsletters.
- Helping you to have a say.
- Campaigning through our action groups.

**For more information, please call  
07932 828333 or 07552 975676  
Alternatively visit our website  
[www.forum50plus.org.uk](http://www.forum50plus.org.uk)**

## Action for Happiness

The mission of Action for Happiness is to help people create a happier world, with a culture that prioritises happiness and kindness.

You can sign up to their monthly calendars that have a different theme each month. [www.actionforhappiness.org](http://www.actionforhappiness.org)

**Jump Back Up July 2024**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1 Take a small step to help overcome a problem or worry	2 Adopt a growth mindset. Change "I can't" into "I can't...yet"	3 Be willing to ask for help when you need it	4 Find something to look forward to today	5 Get the basics right: eat well, exercise and go to bed on time	6 Pause, breathe and feel your feet firmly on the ground	7 Shift your mood by doing something you really enjoy
8 Avoid saying "must" or "should" to yourself today	9 Put a problem in perspective by seeing the bigger picture	10 Reach out to someone you trust and share your feelings with them	11 Look for something positive in a difficult situation	12 Write your worries down and save them for a specific 'worry time'	13 Challenge negative thoughts. Find an alternative interpretation	14 Get outside and move to help clear your head
15 Set yourself an achievable goal and take the first step	16 Find fun ways to distract yourself from unhelpful thoughts	17 Use one of your strengths to overcome a challenge today	18 Let go of the small stuff and focus on the things that matter	19 If you can't change it, change the way you think about it	20 When things go wrong, pause and be kind to yourself	21 Identify what helped you get through a tough time in your life
22 Find 3 things you feel hopeful about and write them down	23 Remember that all feelings and situations pass in time	24 Choose to see something good about what has gone wrong	25 Notice when you are feeling judgmental and be kind instead	26 Catch yourself over-reacting and take a deep breath	27 Write down 3 things you're grateful for (even if today was hard)	28 Think about what you can learn from a recent problem
29 Be a realistic optimist. Focus on what could go right	30 Reach out to a friend, family member or colleague for support	31 Remember we all struggle at times - it's part of being human				

**ACTION FOR HAPPINESS** Happier · Kinder · Together

**LAWLEY ARMED FORCES NETWORK**

Now on a Thursday!

Pop in for a drink, ask for our table at the bar!

**The Grazing Cow, Lawley**  
**The second THURSDAY**  
**of the month at 7.30pm**

**Join our friendly meetings**  
All welcome including serving personnel, ex-military, their families and supporters of the Armed Forces Community.

For more details about activities and support,  
Contact: [lawleystewardship@bvt.org.uk](mailto:lawleystewardship@bvt.org.uk)

## Armed Forces Network

The Armed Forces network meet on the 2nd Thursday of the month at The Grazing Cow in Lawley.

Lightmoor Village residents are very welcome to join.

**Please email;**  
**[LawleyStewardship@bvt.org.uk](mailto:LawleyStewardship@bvt.org.uk)**  
**if you would like to know more.**



## Your Parish Councils and Councillors

Lightmoor Village is represented by two Parish Councils, with Woodlands Lane being the boundary.

The west side of the Village is The Gorge Parish Council and east side is Dawley Hamlets Parish Council.



### The Gorge Parish Council

If you wish to contact the parish council, you can do so by contacting the clerk by telephone or email.

Tel: 01952 883192

Email: [clerk@thegorgeparishcouncil.gov.uk](mailto:clerk@thegorgeparishcouncil.gov.uk)

Cllr Alan Taylor is the Councillor for the Lightmoor Ward and is also The Parish Council Chair. He attends the Lightmoor Village Delivery Group and Lightmoor Village Estate Management Committee to bring The Gorge and Lightmoor Village together.



There is a vacancy for the Lightmoor Ward, Lightmoor Village residents are invited to join the parish as a local councillor, please contact them for more information.



If you wish to contact the parish council, you can do so by contacting the clerk by telephone or email.

Tel: 07941 212311

Email: [clerk@dawley-hamlets.org](mailto:clerk@dawley-hamlets.org)

Cllr Zona Harrington, Cllr Raj Mehta and Cllr Ian Preece are Parish Councillors for the Horsehay Ward that Lightmoor Village is part of.

Cllr Kate Barnes attends the Lightmoor Village Delivery Group and Cllr Mehta attends the Lightmoor Village Estate Management Committee.



Cllr Zona Harrington



Cllr Raj Mehta



Cllr Ian Preece



Cllr Kate Barnes

# Telford & Wrekin Council Borough Councillors



Telford & Wrekin  
Co-operative Council

Protect, care and invest  
to create a better borough

The Borough of Telford & Wrekin Council is divided into 32 wards and 54 Councillors or Members. Some wards have a single Councillor, others have two or three. Councillors are elected to represent all the residents in their ward.

Local Councillors are elected by the community to decide how the council should carry out its various activities. They represent public interest as well as individuals living within the ward in which he or she has been elected to serve a term of office.

They have regular contact with the general public through council meetings, telephone calls or surgeries.

Lightmoor Village is part of the Horsehay and Lightmoor Ward. Our Borough Councillors are:



**Cllr Raj Mehta**



**Cllr Ian Preece**

**Cllr Raj Mehta**  
[rajash.mehta@telford.gov.uk](mailto:rajash.mehta@telford.gov.uk)

**Cllr Ian Preece**  
[ian.preece@telford.gov.uk](mailto:ian.preece@telford.gov.uk)

If you have something you'd like to share with the Lightmoor Village community in August, please let us know.

You can pop into the  
Oak Tree  
Community Centre  
or email us at:

[events@bvt.org.uk](mailto:events@bvt.org.uk)

