

Welcome to our virtual community noticeboard

Celebrating Lightmoor Village

September is time to celebrate our wonderful community!
The annual Celebrating Lightmoor Village event takes place on
Saturday 28th September, from 10am–2pm in the Village Centre.

Join together to celebrate our wonderful Village, with performances, food, music, learn new skills and have lots of fun.

Local stallholders wanted for handmade crafts and food stalls.
Just £5 per stall.

Email events@bvt.org.uk for more information



It's time for a Macmillan Coffee Morning and you're invited

Let's do whatever it takes
to support people living with cancer.

Place: **Bournville House Bistro**

Date: **Friday 27th September**

Time: **10am-11.30am**

Contact: **Fleur at events@bvt.org.uk**

Everyone welcome

Donations of cakes and baked
treats are very welcome,
thank you for your support.



MACMILLAN
CANCER SUPPORT



Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland. MAC19933_InvitePoster

September events

BVT Lightmoor Village

Events & Activities



Date & time: Starting Wednesday 14th August 2024-4th September 2024.



Location: Around Lightmoor Village



Suitable for: All ages

Lightmoor Village Bird Trail

Follow the trail around Lightmoor Village to search for the beautifully hand painted birds hanging around the Village.

There are 14 in total in different locations across the Village, can you find them all?

The painted birds will be on display at the Celebrating Lightmoor Village event on the 28th September 2024.

Interested?

No need to book, collect a sheet from the Oak Tree Community Centre, or look on our website;



Scan me!



BVT Lightmoor Village Events & Activities



Date & time: Friday 9th August–Friday 13th September



Location: Lightmoor Village



Suitable for: All ages

Love Lightmoor Village Photo Competition

Use your photography skills and show us why you Love Lightmoor Village.

Submit your favourite photo by Friday 13th September and the reasons why you Love Lightmoor Village.

They will be displayed and judged at the Celebrating Lightmoor Village event on Saturday 28th September. Two photo submissions per person.

Interested?

Email your photos, including your name and, age to events@bvt.org.uk



BVT Lightmoor Village Events & Activities



Date & time: Sunday 8th September 2024 10.30am



Location: Meeting in the Village Centre



Suitable for: All ages

Discover Lightmoor Village walk and picnic

Join us for a walk around the beautiful green and open spaces of Lightmoor Village.

Discover the parks, woodland, lanes and history surrounding our Village, ending in a picnic with some fun garden games.

The walk will include different types of terrain and some hills, sensible shoes should be worn. Bring your own picnic.

Interested?

No need to book, just turn up!





Oak Tree Community Centre

If you are new to Lightmoor Village or have never visited the centre, you may not be aware of the fantastic facilities available to hire at the Oak Tree Community Centre as well as a wide range of events and activities you can take part in.

From birthday parties in the hall, meetings and training rooms or a space for sports, there is a room for all needs.

You can check out the calendar of what's on and view the availability and facilities on our new booking system.

Visit the BVT Lightmoor Village website
and follow the link at the top of the page

<https://bvtlightmoorvillage.org.uk>

or go straight to,

<https://oak.lemonbooking.com>



What's on at the Oak Tree Community Centre

Day	Time	Activity	Contact /How to book
Monday	6pm-7pm	Rainbows for girls age 5-7	Visit: www.girlguiding.org.uk to register
Monday	6pm-8pm	Temple Martial Arts Kickboxing For children, teens & adults	Tel: 07908 849934 Email: coachran@templemartialarts.co.uk Website: www.temple-martialarts.co.uk
Tuesday	5.30pm- 6.30pm	Cheer Unleashed Mystic Cheerleading class Age 5+	Tel: 07447 405007 Email: cheerunleashed@gmail.com Website: www.cheerunleashed.co.uk
Tuesday	6.30pm- 7.30pm	Cheer Unleashed Enchant Cheerleading Class Age 5+	
Wednesday	5.15pm- 6.45pm	Lightmoor Village Youth Group Juniors year 6-8	Tel Emma: 07710 095798 Email: emma.b@sya.org.uk
Wednesday	7pm- 8.30pm	Lightmoor Village Youth Group Seniors year 9 to age 18	
Thursday	5.30pm- 6.30pm	Kombat Kids Beginners Karate Class	Tel: 07730 899722 Email: enquiries@kombatkids.com Website: www.kombatkids.com
Thursday	6:30pm- 8pm	Kombat Kids Intermediate Karate Class	
Thursday	6.30pm- 8pm	Brownies For girls age 7-10	Visit: www.girlguiding.org.uk to register
Friday	6.30pm- 7.30pm	Cheer Unleashed Enchant Cheerleading Class Age 5+	Tel:07447 405007 Email: cheerunleashed@gmail.com Website: www.cheerunleashed.co.uk
Friday	6pm-7pm 7pm-8pm	FREE Friday Football AFC Telford United Age 6-12 6pm-7pm Age 12-16 7pm-8pm	Multi Use Games Area next to the centre No need to book, just turn up!
Saturday	10am-12pm	Top Hats Stage School Tiny Toppers age 4-5	Tel: 01952 793949 Email: midlands@tophatstageschool.co.uk Website: www.tophatstageschool.co.uk
Saturday	10am-1pm	Top Hats Stage School Top Hatters age 6-17	
Sunday	8:40am- 12pm	Little Kickers Various classes & times from 18months to 5 years	Tel: 07545 236917 Email: westmidlands@littlekickers.co.uk Website: www.littlekickers.co.uk

Friday night football

In partnership with BVT, AFC Telford United foundation, Cllr Raj Mehta and Cllr Ian Preece, Friday night football will continue to take place weekly through March-October.

Qualified coaches from AFC Telford United are at the Multi-Use Games Area in Woodlands Park to help young people learn new and improve their skills.



**Under 12 6pm-7pm, 12-16 7pm-8pm.
No need to book, just turn up!**

Glasses Recycling with the Lions

Thank you to all the residents who have recently donated glasses for the Lions International Project who recycle them to send to children and adults who need them in other countries. Donations have been coming in thick and fast and thanks to you our first box has been filled!



Donations can still be made by dropping your unwanted glasses off at the Oak Tree Community Centre.

Community Book Shop

Did you know the Oak Tree Community Centre have a book swap shop?

Located in the corridor you can help yourself to books or bring your own to swap.

There are books of all types and for all ages. Why not come and take a look for yourself!



Lightmoor Village businesses

Bournville Bistro

The bistro is located inside Bournville House and is open Monday to Friday from 8.30am-1.45pm.



Breakfast Menu

Hot Drinks

Standard Tea or Coffee	£1.00
All Bean to Cup Machine Drinks	£2.20
Hot Chocolate	£2.20

Cold Drinks

Cans of Pop	£1.00/£1.20
Bottle of Water	£1.00
Fruit Juice	£1.00

Meals can be eaten in or taken away. Pre-order by calling 0121-667-1023 or message the Facebook page.



Breakfast Menu

Mon-Fri 8.30am-12 noon)

Small Bistro Breakfast £5.50

1 sausage, 1 bacon, Fried Egg, Tomato, Mushrooms, Baked Beans & Toast with standard cup of tea or coffee

Big Bistro Breakfast £7.00

2 sausage, 2 bacon, 2 Fried Egg, Tomato, Mushrooms, Baked Beans & 2 Toast with standard cup of tea or coffee

Vegan Bistro Breakfast £4.50 (ve) (10 minute wait)

2 Vegan sausage, Mushrooms, Tomato, Baked Beans & Toast (add an egg for vegetarian option) £5.30
with standard cup of tea or coffee



Breakfast Menu

Mon-Fri 8.30am-12 noon)

Fried Egg Sandwich	£3.00
Beans on Toast	£2.50
Bacon or Sausage Sandwich	£3.00
Tomatoes on Toast	£2.50
Vegan Sausage Sandwich (ve)	£3.00
Fried Egg on Toast	£3.00
Toast & Preserves	£1.90
Cheese on Toast	£3.00
Scrambled Egg on Toast	£3.00
Cereals	£1.50
Toast/Bread & Butter (per slice)	£0.50
2 Crumpets & Butter	£1.50

Optional Extras (each)

Sausage/Bacon/Egg	£0.80
Mushroom/Tomato/Beans	£0.50

Lightmoor Village businesses

Bournville Bistro

As well as the daily lunch menu there is always a daily special that changes each week.

Roast dinner Wednesdays are very popular as well as Shelley's fresh omelettes! You can eat in or take away and preorders are welcome.

Please call 0121 667 1023 or visit the Bournville Bistro Facebook page.



Lunch Menu

Mon-Fri 12 noon - 1.45pm

Other Items

Double Egg & Chips £3.50
Double Ham, Egg & Chips £5.50 Portion of Chips £1.50
Crisps £0.80

Puddings £3.50 each

Apple Crumble
Apple Pie
Jam Sponge
Syrup Sponge
Spotted Dick
Sticky Toffee Pudding
Salted Caramel Sticky Toffee Pudding

Served with Custard or Ice Cream

Ice Cream per scoop £0.75
Flake £0.25

Meals can be eaten in or taken away. Pre-order by calling 0121-667-1023 or message the Facebook page.



Lunch Menu

Mon-Fri 12 noon - 1.45pm

Cold Sandwiches

Ham	£3.50	Egg Mayo	£3.00
BLT	£4.00	Cheese	£3.00
Ham & Cheese	£4.00	Tuna Mayo	£4.00
(upgrade to baguette + 80p)			

Panini's (served with salad)

Ham	£4.50	Cheese & Tomato	£4.45
Cheese	£4.00	Bacon & Cheese	£4.90
Ham & Cheese	£4.90	Tuna Melt	£5.40

Jacket Potatoes

Cheese/Beans	£4.25	Cheese & Beans	£4.75
Coleslaw	£4.50	Tuna Mayo	£4.75

Omelettes

Plain Omelette	£3.50	Cheese Omelette	£4.00
Cheese & Mushroom	£4.50	Cheese & Onion	£4.25
Add Ham for an extra £1.00			

Weekly Menu example

Monday

Steak pie, mash, peas, gravy

Tuesday

Cottage pie, house salad, crusty bread and butter

Wednesday

Roast chicken dinner, roast potatoes, stuffing, mixed veg Yorkshire pudding, gravy

Thursday

Chilli con carni, rice, sour cream, garlic bread

Friday

Battered fish, scampi or fish cakes, chips, mushy peas or House salad, crusty bread and butter



Lightmoor Village businesses

Londis

Our local store has some great offers available and sells a wide range of products.

They are open every day from 6am-10pm.



Visit the Londis Lightmoor Facebook page to see their latest offers.



ABC Nursery

ABC nursery is based right in the heart of Lightmoor Village and has been rated Outstanding by Ofsted since it opened in 2012. ABC Lightmoor offers a warm, friendly and caring atmosphere for the children.

Call 01952 502572

Hortons Hair Salon

Situated in Lightmoor Village inside Bournville House Hortons Hair Salon is open to the Village.

Call Deb on 07530 674506 to book your appointment or find her on Facebook



Stephs Nail Shack

Stephs nail salon is in the heart of Lightmoor Village.

A personal, warm and comfortable salon in Bournville House, available to all.

Call 07548 928957 to book an appointment or find her on Facebook

**Join Climate Action Hub Telford's
FREE Sustainable Sunday event
Sunday 22nd September 11am–3pm
Belmont Hall, Wellington, TF1 1LU**

- **Harvest Local with Transition Telford:**
home grown produce, jams, chutneys etc
- **Garden scrap store, plants & gardening
& cook book giveaway**
- **Information & advice: composting,
growing food, gardening for wildlife**
- **Swap; Terracycle; Eco library**
- **Vegan refreshments**



See our website for details
www.climateactionhub.org.uk

Follow us  

Join the Climate Action Hubs Free Sustainable Sundays events, every month, from 11–3pm at Belmont Hall in Wellington.

Everyone is very welcome.

**Find out more on their Facebook page
Climate Action Hub**

Community Support

The Oak Tree Community Centre is a donation and collection point for Telford Crisis Support.

You can bring any of the donations on the wish list to the centre and we will pass them on.

If you or someone you know is in crisis and requires support with food, baby and toddler essentials or school wear please contact Telford Crisis Support

Tel: 01952 586 646

email: admin@telfordcrisissupport.org.uk

or look on the website

telfordcrisissupport.org.uk



**In emergencies or out of hours contact
Telford Interfaith Council on
hello@interfaithtelford.org**

TELFORD CRISIS SUPPORT



Shopping list

We are always grateful to receive the following

Tinned meats - steak, mince, pork, chicken, corned beef etc

Tinned meals - stew, meatballs, curry, chilli etc.

Tinned veg - potatoes, peas, carrots etc.

Long-life Milk - semi-skimmed & whole

Pasta sauces & pasta bakes

Rice pudding & tinned fruit

Tinned tuna & salmon

Pasta & noodle pots

Chocolate

Biscuits

Coffee

Sugar



We also welcome
any dietary-specific
foods, vegetarian,
gluten-free,
free-from etc.



Shampoo

Toothpaste

Deodorant

Toothbrushes

Shaving Foam

Disposable razors

Shower Gel & Soap

Feminine Care Products



Cost of living support

Telford & Wrekin Council offer free cost of living advice and support.

This includes;

- Benefit payments and finances
- Mental health and wellbeing
- Bills and affordable warmth
- Food, toiletries and clothing
- Support for businesses

**For more information take a look at their website
https://www.telford.gov.uk/info/21826/cost_of_living**

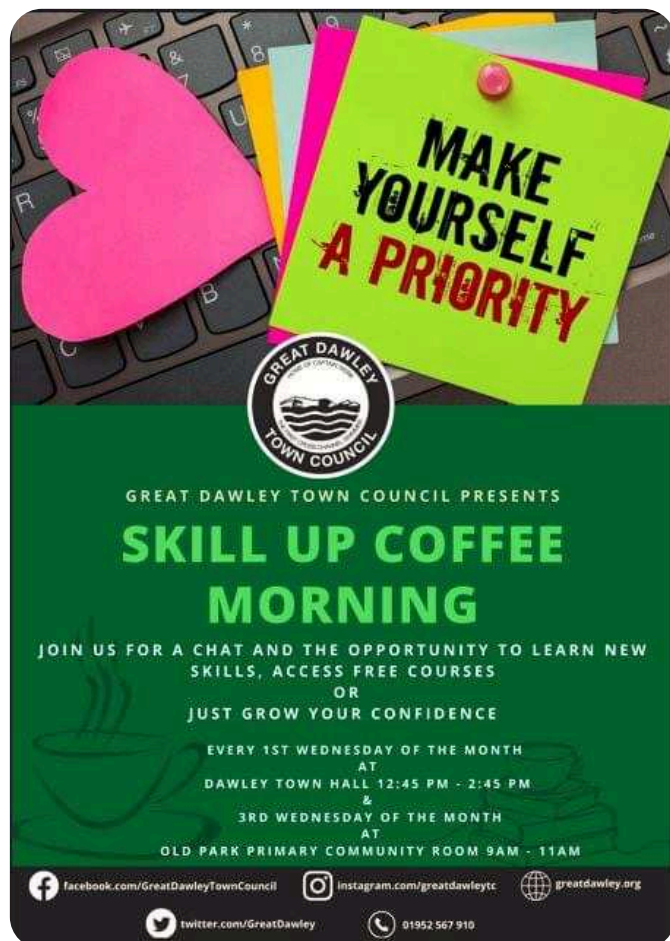
Citizens Advice Telford & Wrekin offer free cost of living, information signposting and advice in communities across Telford.

An advisor visits the Oak Tree Community Centre on the 1st Tuesday of each month from 9.30am-12.30pm.

**To book an appointment please call 01952 567193 or
visit the website to fill in an initial enquiry form.
citizensadvice.telfordandthewrekin.org.uk**



Community Support



Skill up coffee morning

Whether you're eager to explore free local courses, dive into volunteering opportunities, learn new skills, or simply boost your confidence – this is the place to be!

The 1st Wednesday of the month at Dawley Town Hall
12.45–2.45pm

Parent and Carer Support

Parents Opening Doors

PODS is a parent and carer led charity, with staff and volunteers who have 'real life' experience to support families who have a child with a disability or additional need (aged 0 – 25 years).

Join PODS for a variety of activity sessions! Open to all ages, including siblings.

For more information visit;
<https://www.podstelford.org>
or email
support@podstelford.org

Saturday 9th September	11-12pm	Blists Hill	Museum
Thursday 14th September	4-5pm	PODS Hub	Tech & Games
Wednesday 20th September	4-5pm	Inflata Nation	Inflatable
Thursday 28th September	4-5pm	PODS Hub	Cooking
Saturday 23rd September	11-12pm	PODS Hub	Crafts

Community Support

Telford Autism Hub

Telford & Wrekin CVS manage two autism hubs, one for adults and one for children.

Adults

Telford Adult's Autism Hubs main aim is to enable individuals to better understand their autistic identity.

This can be an individual seeking an assessment or general support. It can also be other agencies and businesses wanting to be better placed to meet the needs of Telford's neurodiverse community.

Children

Our Children's Autism Hub is available to children and young people aged 0-18, and their families, who have a formal diagnosis of Autism. For individuals that have other needs, for example, a learning disability, the Autism Hub will provide support in respect of their Autism.

**For more information please email; admin@telfordautismhub.org.uk
call 01952 916109 or visit the website www.telfordautismhub.org.uk**

TELFORD CHILDREN'S AUTISM HUB

Come and join us for a
Coffee & Chat

"Really nice to share experiences with other parents. Also, to receive support and encouragement from staff and parents"

**Every Monday
11.15am to
12.15pm
(Term Time Only)**

"Attended the coffee & chat. Made to feel welcome, a warm atmosphere and nice just to talk to other parents that 'get it' -"

Email us on childrensautism@tandwcv.org.uk or call 01952 242092 if you would like to attend

Logos: Telford & Wrekin CVS, Telford Children's Autism Hub, and various partner logos.

TELFORD CHILDREN'S AUTISM HUB

FAMILY FUN SESSION

**3RD TUESDAY OF THE MONTH
4PM TO 5PM TERM TIME ONLY**

COME AND JOIN US FOR OUR FAMILY FUN SESSION FOR PRIMARY AGED CHILDREN
If you would like to attend Email our team at childrensautism@tandwcv.org.uk

A project of Telford & Wrekin CVS

Logos: Telford & Wrekin CVS, Telford Children's Autism Hub, and various partner logos.

Support for people 50+

Forum 50+ is a small charity supporting people over 50 in the Telford & Wrekin area, helping them to maintain wellbeing and independence through increased access to information, support, activities and opportunities to build new connections and engage in social activity within their communities.



Our Aims:

- Tackle loneliness, and isolation, helping people to build connections and resilience and to feel better supported.
- Provide information to local people about services, support, advice, activities, volunteering, current issues and consultation opportunities.
- Help people to participate in regular activities increasing social interaction, well-being and confidence.
- Promote the needs and concerns of older people so that they may be heard and accounted for in the planning of services and facilities, and address inequality.
- Provide opportunities for people to learn and gain confidence in the use of technology.
- Offer opportunities for volunteering.

What we offer:

- Befriending services including our Telephone Chat Scheme and face to face befriending.
- Regular social groups.
- Weekly exercise classes.
- Computer support and tuition.
- A range of volunteering roles and opportunities to get involved.
- Free membership and regular newsletters.
- Helping you to have a say.
- Campaigning through our action groups.

**For more information, please call
07932 828333 or 07552 975676
Alternatively visit our website
www.forum50plus.org.uk**

Action for Happiness

The mission of Action for Happiness is to help people create a happier world, with a culture that prioritises happiness and kindness.

You can sign up to their monthly calendars that have a different theme each month. www.actionforhappiness.org

Self-Care September 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Find time for self-care. It's not selfish, it's essential	2 Notice the things you do well, however small	3 Let go of self-criticism and speak to yourself kindly	4 Plan a fun or relaxing activity and make time for it	5 Forgive yourself when things go wrong. Everyone makes mistakes	6 Focus on the basics: eat well, exercise and go to bed on time	7 Give yourself permission to say 'no'
8 Be willing to share how you feel and ask for help when needed	9 Aim to be good enough, rather than perfect	10 When you find things hard, remember it's ok not to be ok	11 Make time to do something you really enjoy	12 Get active outside and give your mind and body a natural boost	13 Be as kind to yourself as you would to a loved one	14 If you're busy, allow yourself to pause and take a break
15 Find a caring, calming phrase to use when you feel low	16 Leave positive messages for yourself to see regularly	17 No plans day. Make time to slow down and be kind to yourself	18 Ask a trusted friend to tell you what strengths they see in you	19 Notice what you are feeling, without any judgement	20 Enjoy photos from a time with happy memories	21 Don't compare how you feel inside to how others appear outside
22 Take your time. Make space to just breathe and be still	23 Let go of other people's expectations of you	24 Accept yourself and remember that you are worthy of love	25 Avoid saying 'I should' and make time to do nothing	26 Find a new way to use one of your strengths or talents	27 Free up time by cancelling any unnecessary plans	28 Choose to see your mistakes as steps to help you learn
29 Write down three things you appreciate about yourself	30 Remind yourself that you are enough, just as you are					

ACTION FOR HAPPINESS Happier · Kinder · Together

LAWLEY ARMED FORCES NETWORK

Now on a Thursday! Pop in for a drink, ask for our folder at the bar!

The Grazing Cow, Lawley
The second THURSDAY of the month at 7.30pm

Join our friendly meetings
All welcome including serving personnel, ex-military, their families and supporters of the Armed Forces Community.

For more details about activities and support,
Contact: lawleystewardship@bvt.org.uk

Armed Forces Covenant Proudly supporting those who serve

Bournville

Armed Forces Network

The Armed Forces network meet on the 2nd Thursday of the month at The Grazing Cow in Lawley.

Lightmoor Village residents are very welcome to join.

Please email;
LawleyStewardship@bvt.org.uk
if you would like to know more.

Your Parish Councils and Councillors

Lightmoor Village is represented by two Parish Councils, with Woodlands Lane being the boundary.

The west side of the Village is The Gorge Parish Council and east side is Dawley Hamlets Parish Council.



The Gorge Parish Council

If you wish to contact the parish council, you can do so by contacting the clerk by telephone or email.

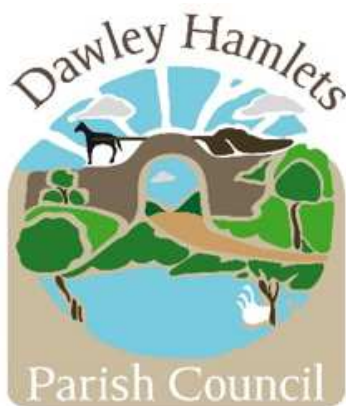
Tel: 01952 883192

Email: clerk@thegorgeparishcouncil.gov.uk

Cllr Alan Taylor is the Councillor for the Lightmoor Ward and is also The Parish Council Chair. He attends the Lightmoor Village Delivery Group and Lightmoor Village Estate Management Committee to bring The Gorge and Lightmoor Village together.



There is a vacancy for the Lightmoor Ward, Lightmoor Village residents are invited to join the parish as a local councillor, please contact them for more information.



If you wish to contact the parish council, you can do so by contacting the clerk by telephone or email.

Tel: 07941 212311

Email: clerk@dawley-hamlets.org

Cllr Zona Harrington, Cllr Raj Mehta and Cllr Ian Preece are Parish Councillors for the Horsehay Ward that Lightmoor Village is part of.

Cllr Kate Barnes attends the Lightmoor Village Delivery Group and Cllr Mehta attends the Lightmoor Village Estate Management Committee.



Cllr Zona Harrington



Cllr Raj Mehta



Cllr Ian Preece



Cllr Kate Barnes

Telford & Wrekin Council Borough Councillors



Telford & Wrekin
Co-operative Council

Protect, care and invest
to create a better borough

The Borough of Telford & Wrekin Council is divided into 32 wards and 54 Councillors or Members. Some wards have a single Councillor, others have two or three. Councillors are elected to represent all the residents in their ward.

Local Councillors are elected by the community to decide how the council should carry out its various activities. They represent public interest as well as individuals living within the ward in which he or she has been elected to serve a term of office.

They have regular contact with the general public through council meetings, telephone calls or surgeries.

Lightmoor Village is part of the Horsehay and Lightmoor Ward. Our Borough Councillors are:



Cllr Raj Mehta



Cllr Ian Preece

Cllr Raj Mehta
rajash.mehta@telford.gov.uk

Cllr Ian Preece
ian.preece@telford.gov.uk

If you have something you'd like to share with the Lightmoor Village community in October please let us know.

You can pop into the
Oak Tree
Community Centre
or email us at:

events@bvt.org.uk

